

TRAINING
TOGETHER IS MORE
FUN, AND DON'T WORRY
LATER YOU CAN USE
BIGGER WEIGHTS LIKE
THIS ONE

THANKS FOR
LETTING ME COME
TRAIN WITH YOU,
BABY



TWO WEEKS OF TRAINING

56, 57, 58,
60 COME ON GIRL,
YOU CAN DO A
HUNDRED

61, 62, 63...





ONE MONTH OF TRAINING

Every day is a
Once you can
you can contr
Be an **inspi**

THESE WEIGHTS
ARE LIGHTER THAN I
REMEMBERED, I'M
GETTING VERY STRONG
VERY QUICKLY

TWO MONTHS OF TRAINING



4 MONTHS OF TRAINING

TER
CHIEF
PIE

I DIDN'T SEE
THIS COMING

I THINK SO...

DON'T FEEL BAD
HONEY, SOME PEOPLE JUST
HAVE BETTER GENES FOR
GAINING MUSCLE MASS, IT'S
NOT YOUR FAULT

I THINK YOU
HAVE MADE A LOT OF
PROGRESS IN THE LAST
4 MONTHS

...day is
Once you ca
you can con
Be an inspir

BESIDES,
BEING THIS BIG HAS
ITS DISADVANTAGES,
ALL MY CLOTHES ARE
TORN BY MY HUGE
MUSCLES

