

THIS IS EMY (SHE IS 23 YEARS OLD) AND SHE HAS BEEN WITHOUT SEX FOR SOME TIME (A LONG TIME) WITH HER BOYFRIEND. BECAUSE OF THAT, SHE DECIDES TO SIGN UP FOR A GYM ALONG WITH HER BEST FRIEND ANA.

I'M SO HOT BUT PLEASING TODD'S PREFERENCES WON'T HURT.





I'M NOT FAT BUT I'M GOING TO TRAIN BECAUSE TODD LIKES GIRLS WHO ARE HUNGRY ALL THE TIME AND HAVE DISGUSTING MUSCLES TO SHOW

MY ALWAYS TRIES TO IMPOSE HER WAY OF THINKING ON OTHERS BUT THIS TIME IT DIDN'T WORK.

ISN'T IT ANAAAAA?!!! YOU AGREE WITH ME, DON'T YOU?



ANA HAS ALWAYS BEEN AMY'S BEST FRIEND.

SHE ALWAYS HAD TO ENDURE WITH THE WAY THAT  
EMY THINKS SHE'S ALWAYS THE HOTTEST AND  
MOST BEAUTIFUL WOMAN IN THE UNIVERSE BUT  
NOT THIS TIME.

I'M NOT GOING TO INFLATE YOUR EGO  
EMY WE HAVE TO TRAIN IF WE WANT TO  
LOOK HOT.

TODD DOESN'T HAVE SEX WITH YOU ANYMORE  
BECAUSE YOU'RE EATING AND SITTING IN  
FRONT OF THE TV ALL DAY.





I'M ALREADY HOT HONEY, TODD AND I HAVE SEX EVERY DAY.

I'M ONLY GOING TO TRAIN BECAUSE I WANT TODD TO LIKE ME A LITTLE MORE AND NOT BECAUSE YOU THINK I'M UGLY AND FAT.

ONE OF THE BIGGEST REASONS ANA ALSO STARTED AT THE GYM IS BECAUSE SHE HAS A CRUSH ON TODD.

SHE THINKS TODD ONLY STARTED DATING EMY BECAUSE SHE PUT PSYCHOLOGICAL PRESSURE ON HIM.

BECAUSE EMY DOESN'T HAVE ANYTHING THAT TODD LIKES.



FAT BITCH.

LET'S GO GIRL.  
LIFT THE WEIGHT HIGHER.



YOU CAN DO IT.  
JUST A LITTLE MORE



I HAVE TO DO MORE REPS THAN EMY BECAUSE I HAVE TO LOOK HOTTER THAN HER FOR TODD.

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1 MONTH LATER...





I THINK THE GYM IS WORKING ISN'T IT REALLY EMY?



DO YOU REALLY THINK?  
WE ONLY GET SKINNY, WE DON'T  
GAIN ANY TYPE OF MUSCLE.



LETS TRAIN MORE!!!

LETS TRAIN MORE!!



MONTHS...

I THINK I'M  
ALREADY GETTING THE  
HANG OF THE FITNESS  
WORLD.



WATCH OUT, ANNA.  
THIS IS TOO HEAVY FOR  
YOU.





RELAX, I CAN DO IT!!



I DON'T CARE IF IT'S  
HEAVY.  
I NEED TO GET HOTTER AT  
ANY COST.







WHAT JUST HAPPENED?

SHE JUST GREW UP IN FRONT OF  
ME.  
HOW DID SHE DO IT?

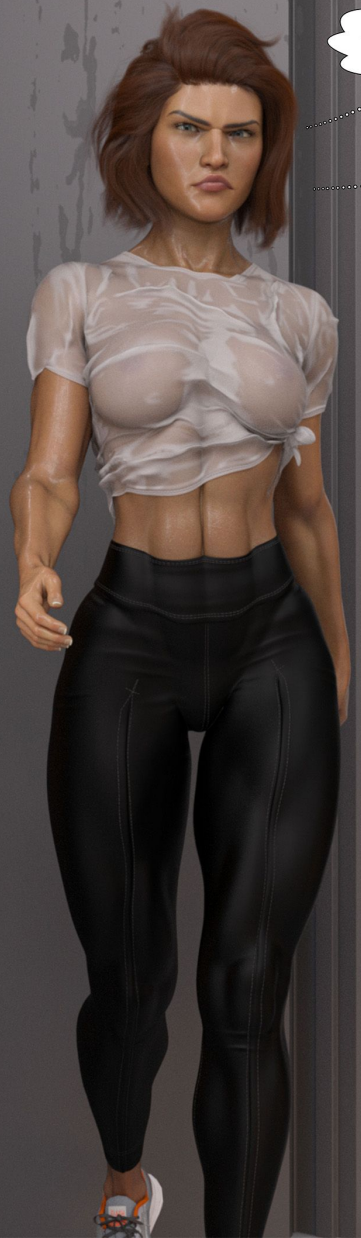


YOU'RE  
VERY  
MUSCULAR  
NOW.

DO YOU THINK?  
I'M NOT SEEING ANY  
DIFFERENCE.

GET JEALOUS,  
BITCH!!!

AFTER THE TRAGIC CHANGE OF ANA,  
LARISSA GOES BACK TO THE LOCKER  
ROOM TO GET SOMETHING.



THAT CUNT!!  
WILL BE PRETENDING NOTHING  
HAPPENED.

IF SHE DOESN'T  
WANT TO SAY  
ANYTHING, FINE.





WHICH VOLUME GUARD DID I LEAVE IT IN?

I THINKS IS NUMBER 5.

I FINALLY FOUND HIM.

THE PACK I WAS PRESCRIBED, HAS IT ALWAYS BEEN HALF EMPTY?  
I NEVER USED IT.  
DOES IT EVEN MATTER? JUST TAKE IT EMY!!!!!!



THAT DAY EMY WENT TO GET THE MEDICINE THAT HER DOCTOR HAD PRESCRIBED FOR HER IN CASE THE GYM DIDN'T WORK OUT.  
HE SAID SHE COULDN'T TAKE MORE THAN ONE A DAY BECAUSE THE SIDE EFFECTS WOULD BE TOO EXTREME.  
COMMON SIDE EFFECTS: INCREASED LIBIDO AND INCREASED AGGRESSION.  
HAS EMY BEEN SECOND ALTERNATIVE MORE THAN ONCE IN A RELATIONSHIP?

LET'S START WITH JUST ONE AND SEE WHAT HAPPENS.  
I WILL NEVER BE SECOND AGAIN.





I CAN'T STOP!!!!!!

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ARRISSA NEVER FELT THE WEIGHTS AS LIGHT AS THAT DAY.  
SHE HAD NEVER DONE THAT EXERCISE WITH SO MUCH WEIGHT  
BEFORE.

SHE WAS ALMOST DOING 60 REPS.

ONE MORE REP!!



















I NEVER FELT SO HOT IN MY ENTIRE LIFE!!

