



YOU ARE WORTHLESS!!!!

JUST A LITTLE
MORE AND YOU'LL
GET IT.



WHAT'S THE POINT OF GOING TO THE GYM EVERY DAY IF YOU CAN'T EVEN MOVE A FRIDGE !!

AMT

THIS IS ANA'S OLDER SISTER AND SHE HAS ALWAYS HAD A CRUSH ON EMY BUT ANA ALWAYS GETS IN THE WAY OF HER ACHIEVING HER GOAL.



I BET EMY
COULD MOVE THIS
FRIDGE WITH JUST 1
FINGER.

I SAW HER THE
OTHER DAY AND SHE'S WAY
BIGGER THAN YOU.





EMY BIGGER THAN ME??



NEVER COMPARE ME TO
EMY AGAIN!!!


I GOING TO
SHOW YOU THAT I CAN
MOVE THIS FUCKING
FRIDGE WITH ONE
FINGER!!!





MORNING GYM SMELL
NEVER STOPS TURNING ME
ON.





I CAN'T LET EMY GET BIGGER THAN ME OR TODDY WILL NEVER BREAK UP WITH HER TO BE WITH ME.





NOW LETS
MAKE THE GROWTH
BEGIN!!





FIRST REP!

FITNESS

FITNESS

SS



SECOND REP!

FITNESS

FITNESS

FITNESS



COME ON
GIRL YOU CAN DO
IT.

FIFTH!





I AM SO WEAK!!

BUT I JUST NEED TO
KEEP TRYING OVER AND
OVER.

TWO WEEKS LATER...



GO!!!

FITNESS

FITNESS



NOT TOO BAD FOR
THE FIRST 2 WEEKS.

A blonde woman with an angry expression stands in a room. She is wearing a black, button-down, sleeveless dress over a white short-sleeved shirt with red trim at the neck and cuffs. Her right hand is on her hip. Behind her is a large, empty blackboard. To the right, a window with a wooden frame shows a view of green grass. A speech bubble is positioned above her head.

YOU'RE STILL A LONG WAY
FROM EMY'S SIZE, YOU
IDIOT.



IF I MANAGED TO GET THIS SIZE IN JUST TWO WEEKS.

IMAGINE IN 3 MONTHS WITH HARD TRAINING.

WITH EACH PASSING WEEK THE WEIGHTS GOT LIGHTER FOR ANA AND THE MORE HER BODY PROGRESSED IN THE GYM.



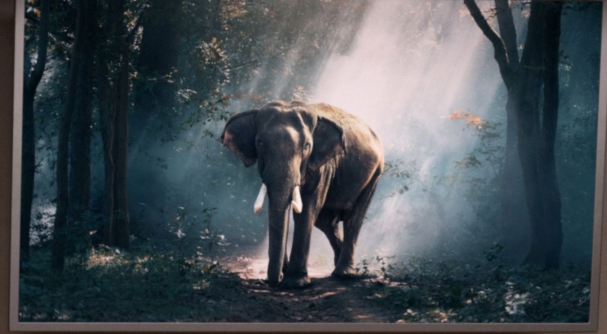
30!!





ONE MONTH LATER...

THAT'S WHAT I WAS TALKING ABOUT.



THREE MONTHS LATER...

WHERE IS
HELEN TO SEE
ME NOW.

SUAS PALAVRAS AQUI...



EMY
WORRYING FOR
NOTHING ABOUT
ANA.

THAT
USELESS GIRL
WILL NEVER ACHIEVE
ANYTHING IN HER
LIFE.

JUST FORGET ANA
AND TODDY, AND BE
WITH ME FOREVER.

SKIZZZZSSH...

SKIZZZZSSH...





WHERE THIS SOUND
COME FROM?

SKIZZZZSSH...

WTF ANA??
WHERE ALL THIS MUSCLE COME
FROM???

