

# *The* **Demale Society**

## *Training Manual*

### **Volume #8**

**A detailed manual for women on how to take control of the males in their lives. Graphically illustrated lessons that teach training techniques.**

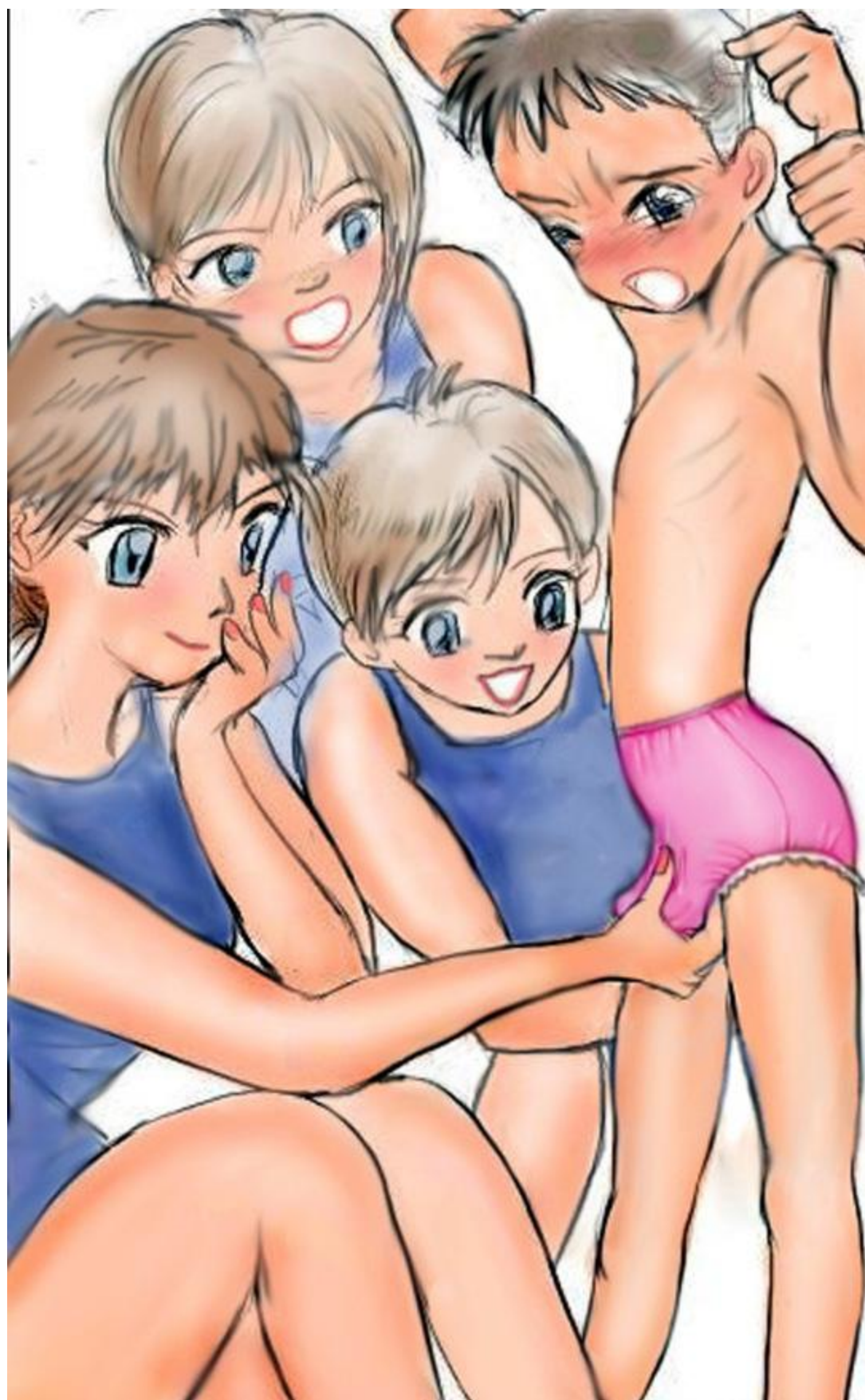
**Learn how to make men and boys subservient to females as well as make them productive members of the human race.**

**Traditional macho male interests are expertly replaced with fetishes. Tough, naughty little boys are turned into sweet and gentle little pantywaists easy to control and ready to accept female rule.**

***Adults Only***

***Fantasy Entertainment***







## The Demale Society

When it comes to physical violence, the Demale Society believes in being as nonviolent as possible. Yet at times, physical violence may be necessary because it is the only language some males understand.

Compared to females, on average, males are larger and taller and have more muscle strength. Throughout history, males have used physical violence and the threat of physical violence to control females as well as other males.

This type of rule is very unstable because there is always someone stronger and more violent ready to topple whoever is currently on top. This King of the Mountain mentality lends itself to brutality and violence, and instead of having the smartest person in charge, we have the strongest and most ruthless person in charge. Females can be just as violent and brutal as males, but they rarely are stirred to such levels because they lack the "hunter-gatherer" killer instinct inbred in males. Females usually go to great lengths to avoid physical violence -- an approach to life that makes them better people but puts them at a great disadvantage in dealing with violent males.

So how does physical violence fit into the battle for female supremacy? It rarely does, but it is an option!

By using mind games and fetish development, females train males to be subservient to them, and if those tactics don't work, other things like medications, hormones and even surgery may be used to bring a male into line. Females neutralize a male's physical strength through training, mind control, and sexual mastery. Physical violence is usually a last resort.

But if males are physically superior, how do females overpower them? They use other methods. Most often, females take charge of adult males by controlling them sexually and take charge of young males by training them to fetishes and femininity.

There are many other ways too, including physical violence like spanking, slapping, face sitting, anally raping, and bondage. Those things are used on males by females who are physically stronger than the male or by groups of females, who with their combined strength dominate a particularly strong male. But such violence is a means to an end, a training method, and not an end in itself. Females use physical



violence to change how males think and act. The most common form of physical violence females use on males is spanking (usually smaller and younger males), a subject discussed in detail in these upcoming lessons.

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## The Demale Society Manual

### Technique #4-L: Training Boys: How It Works



Older boys need a lot of training before they're ready to go outside dressed up in girls' clothes.

This lesson is the conclusion of the presentation by Phyllis L, the former schoolteacher who feminized her boy students and who still works with other women and girls to sissify and train males of all sorts. Through her vast experience many lessons can be learned as she describes what she has accomplished when given various opportunities. She puts into practice so many of the things discussed in past lessons, plus adds a lot of her own original ideas. She also is effective in moving outside her own family to train males amongst her friends, neighbors, casual acquaintances and even strangers. Over the years, she has trained hundreds of males, plus taught other females how to hook males. We continue now with her narrative.

\* \* \*

Dance lessons provide a lot of opportunities to introduce a boy to feminine ideas and ideals, but I think dance as a training tool is best for boys from about four or five years old and up. Before that time, I believe there are better training methods that don't require the muscular coordination and mental focus needed for dance. Very young boys, toddlers through preschool age, are best taught concepts through play. If they have a lot of fun while you are training them, they will most likely learn what you want them to learn. Boys of this age need a lot of mental and visual stimulation as well as physical movement to hold their attention and make them receptive to your instruction. And I believe dress-up games are one of the best tools to use to train these very young boys.

Playing dress-up with older boys can work quite well too, but they are much more subject to negative peer pressure compared to very young boys who have a lot less regard for what others think. If they get teased for wearing fingernail polish or wearing a dress, they just tend to whimper and hide behind their mother's skirt rather than wanting to stop doing those things, whereas older boys will probably try to shed those feminine things as fast as possible after being scorned and ridiculed.

Very young boys are intrigued by fancy clothes, bright colors and silky fabrics. Many of them are willing to dress up in girls' clothes with very little prompting, especially if you don't call them "girls'" clothes right from the start. Call them "fun" clothes, "fancy" clothes or some other term. But even if they realize these are girls' clothes, they can be easily persuaded to try them on. And after they try them on the first time, you can usually get them to try even fancier clothes and accessories.

A big part of starting to get a boy to dress up is to get him to notice girls' clothes, get him interested in them and then let him know it is okay for him to wear them.

The first time a boy of any age plays dress up, it is probably done best with just you and him, or just a sister and him. Only after he is fairly comfortable in girls' clothes, should you let others see him as well as tell people he likes to dress up. But when getting started with very little boys, realize they like to play a lot and are often totally involved in their own little play world and impervious to things going on around them. You have to point out things for them to take notice of, and by pointing out fancy girls' clothes in different situations you can start to get them interested in such clothes.

You can even use girls you see as a way to get your boy interested in their clothes. So appeal to a boy's liking for colorful, fancy things. While watching television or walking down the street,



point out girls in especially pretty, colorful and frilly clothes. In clothing stores, let him help you pick out your clothes and lingerie, always ready to joke about which ones would look cute on him, even hold clothes up to him -- and let other people see you holding clothes up to him. (You should gradually move to exposing him to the outside world with his girlish likes as soon as he is able to handle it.) While you are dressing and undressing, let him play in your room and help you put on nail polish (even if he does it poorly and you have to secretly take it off and reapply it afterwards). These are all things to do to increase his interest in female clothes and accessories.

Recently, I did an interesting experiment. Little Chuckie, a little three year old from the neighborhood, often plays alone outside because all the other kids living nearby are older than him. He often rides his



Little Chuckie is already interested in panties.

tricycle up and down the block and passes by in front of our house. Well, I wanted to see what kind of influence I could have over him but still keep my distance. So I placed a pair of frilly rhumba panties on the ground right next to the sidewalk. I took a position on a chase lounge lawn chair with a big floppy hat over my face like I was sunning myself. He rode past the panties once, twice and didn't seem to even notice them, and then on a third pass, I did see him turn his head and take a look at them. On his next trip, I saw him looking at them again, so I called out for him to stop. I went over to him and asked him if they were his (I didn't use the word "panties." I just pointed to them.) because I saw that he had stopped and looked at them. He shook his head "no" indicating that the panties weren't his, but I told him that since he found them they were his -- you know, "finders, keepers." He didn't want to take them, but I did manage to get them into his hands and talk with him about how fancy they were and how silky they felt. I got him to agree that since they felt so silky smooth to hold, they must feel wonderful to wear. I told him they were his panties and he should take them, but after a lot of blushing, he put them back on the ground and got back on his bike. I told him I'd keep them for him, and if he ever wanted them, just to come by and I'd have them for him. And as he rode off I told him it was okay for him to like such pretty things, and I could tell how much he liked them because he had spent so much time looking at them and touching them. I also told him I would keep it a secret. I wouldn't tell anybody else about him liking girls' clothes. (This time I did make it clear they were girls' clothes.) I did add that whenever he put on any girls' clothes, he should do it in secret because some people, especially his brother, would think he is a sissy if they caught him with girls' panties. As he rode off, his mind had to be going a million miles a minute with all the bull I had just poured into it! I didn't see Chuckie much for sometime, but the few times I did see him, it was from a distance, and I just smiled at him. He'd blush and keep on going. He knew what I was smiling about! And I knew why he was blushing! Then I did (literally) run into him when he was with his brother at the grocery store. He was running up and down the aisles and practically ran into me. I said hello to him, and in a whisper asked him how he enjoyed wearing the pretty panties. (I let him think that I thought he was already wearing girls' panties, regardless of whether or not he actually was.) He just looked at me scared and ran back toward his brother. Then a couple months later, I heard he was making a pest of himself at the picnic our homeowners association throws each year. He was going around pulling up girls' dresses! I wasn't at the picnic but my neighbor (who knows I like to panty boys) was there and she thought I'd enjoy hearing about it! See what just one little incident can do to an impressionable little boy!

There are number of ways to get a boy to notice girls' clothes: "accidentally" mix some of his sister's clothes with his, hang slips and panties all over the bathroom, leave a pair of panties in a booth in a busy restaurant then move to another booth and watch the action, mail panties to a boy or leave them in a place where only he will find them, give him a pair of panties when he runs out of clean underwear to wear, etc. I'm sure you can think up hundreds of other ways. You can also introduce the subject by simply talking to a boy. Say, "I saw something cute today..." or ask him what he thinks of some panties in an ad in the newspaper, etc. The ways are endless. The objective is to get him to notice panties and other girls' clothes and possibly even get him to



Once a boy is in panties, adding fingernail polish and other girls' clothes are easy.

talk about girls and girls' clothes. Find out what is going on in his mind on those subjects. And when you test the water with conversation of that sort, talk about "fancy" (your code word for girls') clothes. You want to get him to the point where he will let you dress him in girls' clothes. Playing dress-up is a game almost all little children love, and it can be an easy way to get him started.

If he seems to be resistant to trying on a dress, play dress-up with him, but dress him up like an Indian, a clown, a magician, etc. You can incorporate a lot of female clothes into such costumes, and thereby break down some of his resistance. For example, use a miniskirt as a loincloth for an Indian costume, rather feminine makeup with a clown costume, and a silky, black half-slip as a cape for a magician's costume. From there it's a lot easier to put the various female elements together and gradually introduce him to a completely female costume.

Here are snippets of conversation to help you answer a boy who may be hesitating and help you bring him deeper and deeper into dress-up games.

"You'll love how we're going to dress you up today. It will really be fancy," Randall's mother says as she divests him of his clothes. But as she unveils the frothy pink party dress and quickly begins to pull it over his head and arms, he starts to balk.

"But, Mommy, that's girlie clothes," he says.

"Oh, yes, a lot of lucky little girls like to wear clothes like this, but lucky little boys like you can wear them too," she says as she gets the dress on him, ties the sash and buttons up the back. She does this all quickly but without laughing and without any show of emotion. A businesslike demeanor is best to start with. Then as soon as he's fully in the dress, she changes gears. She shows her happiness toward him by giving him a big hug and little kisses. She treats him very sweetly and tells him how wonderful (at this point, not how "pretty") he looks. "Now, we're going to have a little tea party, and this is how we dress for a tea party." Then, still holding him close, so he can barely see what she is doing, she picks up a pair of lace panties and quickly puts his feet through them and snugly pulls them up underneath his dress. "There, we go, now you're all fixed up. Oh, yes, one more thing! We need a little of this (rouge and lipstick). There that's nice! And a hat." If he's receptive, keep adding things like a slip, fingernail polish, jewelry, and girls' shoes or a pair of your own high heels. Many little boys really love to clomp around in their mother's high heels.



Going back to the 70s, John was one of the first I feminized. Notice the tutus?

Throughout this entire event, she keeps up a running line of dialogue to keep him laughing and to keep his mind occupied with good and positive thoughts and not give him time to think about what is really going on. Even little toddler boys are very aware of differences between males and females and have some sense of what are male and female clothes, but they can be easily coerced



into overriding their negative thoughts because they are insecure and not 100% sure what they think is right since the world is a pretty confusing place to them.

When dressing a boy in a complete set of girls' clothes for the first time, it's important to have it well planned. Everything should be orchestrated. Even possible conversations and answers to objections should be thought out and rehearsed. And after the boy is dressed up, it's important to have some activity planned. The tea party is a good example, and such an activity should be a lot of fun for the boy. If it's a tea party, serve a soft drink as pretend tea along with a little ice cream and cake. Light some candles, put on music in the background, etc.



Gary is very apprehensive about wearing a mini skirt.

Other suggestions and scenarios: If the boy has sisters, maybe have them have a little tea party every Saturday afternoon with them all dressed up and having a lot of fun, but exclude him, and when he expresses a desire to join them, tell him he has to dress up first!

A simple way to get started with dress-up games is to just have a large box full of all kinds of pretty and fancy clothes you have collected from a variety of sources and let him know these are dress-up clothes he can play with, and then turn him loose and see what he dresses himself in. You may be surprised; he may dress himself in girls' clothes all by himself right from the start. If he does, you should try to talk to him about it and why he chose those clothes. See if he envies girls and the clothes they wear. See if he has any desire to be like girls or actually be a girl. Always show your approval regardless of how he answers. And always defended his right to try on different personas. He may want to be like a girl but have a lot of self-doubt. If you suspect that, help him get over such feelings.

One way to conquer any doubts he may have is to show him other males dressed up like girls to let him know it is okay for boys to do it. Whenever you see a male movie or cartoon character dress up like a female, comment how nice he looks. A number of videos have crossdressing scenes. Maybe, rent one of those. Or if a boy in the neighborhood dresses up as a girl for Halloween, point it out to your boy and make positive comments about it. In any situation in which a male dresses up like a female use it as an occasion to let your boy know it's okay and tell him it looks like a lot of fun. Then ask your boy if he'd like to dress up like that sometime. And when you do try to dress him up, remind him of those characters. Let him know it is okay to have fun like that.

If you are lucky enough to already have trained an older brother to female clothes, getting a younger boy to do it is usually very easy. And if a boy only has older sisters, they most likely will love dressing him up. Girls tend to have good control over younger brothers. A lot of girls do this without any kind of outside influence. Especially if a boy looks up to and likes his older sisters, they will have an easy time getting him to do whatever they want him to do.

A different but not unusual situation exists if a boy does not like his older sisters, then you or they can use dressing him up in their clothes as a punishment and turn it into an equally effective training session through a dominating approach. Most boys in such situations have a love/hate



relationship going on with one or more older sisters. This mix of strong emotions makes for fertile ground for teaching a boy dramatic, life-altering feminizing lessons.

With older boys, the best approach is like sharing a secret with him. Ask him to dress up for you because you always wanted to know what he would have been like if he were a girl. Boys often wonder that themselves! Once a boy agrees to do it, it's your chance to do it completely. Have a wig and a full ensemble of clothes ready, plus all the accessories. If you're going to see what he looks like a girl, and he agrees to it, he'll have to put up with you doing the works from a perfumed bath to nail polish, makeup and a wig. Halloween is a great occasion to get him to do it. And to do it well, plan an afternoon to get him ready. Take your time and explain everything girls do while you are fixing him up.

Remember your mission does not end with getting a boy into dresses and lingerie. Once you get a boy to that point, keep up a running commentary about the clothes and divulge to him little bits of girls-only knowledge. Tell him girls wear pretty clothes to attract boys, and they take care of their clothes because boys notice when they are neat and clean; besides, sexy clothes feel good to wear. It's so much fun to twirl around in a dress, excite boys with a peek of their slip, and tease them with a quick flash of their panties. Girls learn how to sit and bend over in a short skirt without showing their panties, but they love to "accidentally" expose their panties to boys they like. Inside information like this, boys love to hear. It fascinates them to learn how complex and exciting it is to be a girl. Tell a boy these are things girls know about, but most boys never know.



Some boys don't look very good as a girl the first few times dressing up.

And always be looking for signs of a boy getting excited in his panties. It's difficult for them not to become erect within the silky folds of a pair of panties. Whenever you notice it, touch his penis and ask him if it feels nice in panties, have him touch himself and stroke himself a few times to see how good it feels, tell him not to make spots in his panties, tease him about it, and laughingly tell him you'll have to punish him if he dirties his panties.

Punishing a boy in girls' clothes is a huge topic and volumes have been written on it. But with a boy who has willingly dressed up, and then changes his mind and doesn't want to do it anymore, you can use the clothes as punishment. The opportunities never end! And any boy who periodically dresses up in girls' clothes will be very easy to mold into a submissive, loving male, and those lessons usually last a lifetime!

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In the next lesson, the focus will be on spanking as a disciplinary measure and in association with feminization.

To be continued in Part 5.

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Little Chuckie is already interested in panties.



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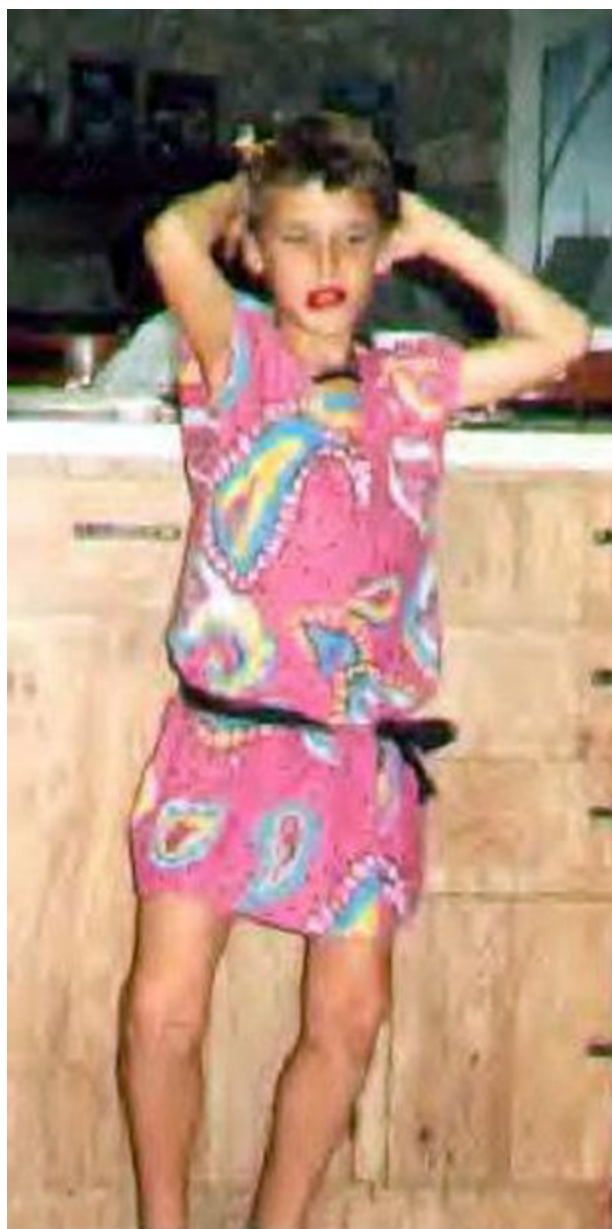




Going back to the 70s, John was one of the first I feminized. Notice the falsies?



Gary is very apprehensive about wearing a mini skirt.



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## The Demale Society Manual

# Technique #5-A: Training Boys with Spanking

Few subjects divide people more than the issue of spanking. Child rearing experts as well as people from all walks of life debate the pros and cons of spanking in books and articles and on television, talk radio and computer websites. Even as far back as biblical times spanking has been an accepted disciplinary measure. Everyone knows the famous "spare the rod and spoil the child" quotation. Many older people favor spanking because that is how they were brought up, and they are convinced today's youngsters wouldn't do the things they do -- like getting involved in drugs and crime -- if they had been brought up under the rod. Spanking has a very long history, but the idea not to spank is of recent vintage.



Since the 1960s, spanking has fallen out of favor thanks mostly to doctors and psychologists convinced it is not productive and could easily become abusive when administered by an angry parent. But ever since that time, a substantial minority in favor of paddling kids' butts has maintained their belief. And in the last few years, the pro-spanking forces have become more vocal, and in some instances have won over renowned children's experts.

The anti-spanking crowd says spanking is physically injurious, does not teach the child anything except hate and violence, and breaks a child's spirit. The pro-spanking crowd says proper spankings are irreplaceable as a disciplinary measure. No other punishment is as effective.



Both sides have valid points. We are in favor of spanking in many instances, but with a large dose of some common sense. We are against severe spankings that leave scars or physically injure a child. And spankings should be administered fairly and consistently in conjunction with a definite set of rules, so a child knows if he breaks a specific rule, he will earn a spanking. Plus a spanking must never be done in rage but only when the spanker is in full control of his or her emotions.

While spanking as a punishment has been around forever, its use has changed. Years ago, spankings were usually an immediate reaction to a child's naughtiness, and it ranged from a quick slap on the butt to a much more ritualistic set-up like a "trip to the woodshed." Especially over the last 100 years or so, a lot of ritual has been added to spanking disciplines. And most of



the ritual is intended to humiliate the child and therefore increase the effects of the punishment. Such refinements include taking down the child's clothes and exposing his nudity to others, making the child get his own paddle for his spanking, making him kiss the paddle, and making him thank the spanker after being punished, etc.

Petticoat punishment, one of the most ritualistic disciplines, goes like a horse and buggy with spanking. A boy is doubly humiliated and punished if he is made to put on girls' clothes for his spanking. This double punishment is very effective. In olden days, petticoat punishment was almost always coupled with a spanking. And as time went on, ritual became more and more important when parents realized how much more it added to effectively disciplining a boy. Also if a boy were caught secretly wearing his sister's panties or other items of girls' clothing (a curiosity sometimes sparked by petticoat punishment), he was almost always severely spanked to cure him of such a disgusting and unmanly habit. But to show you how things have changed, today, we believe a boy should be spanked if he won't put on a pair of panties or dress up like a girl from time to time.

In the following lesson we'll give illustrated examples of the effective use of spanking and how to combine it with panty training and petticoat punishment, plus show how modern spanking differs from what was done in the past. We'll explore when and how to spank. And instead of simply spanking a difficult child longer or harder for successive misdeeds, you'll learn how to use teasing, ritual, humiliation and public exposure to increase the effectiveness of spankings.



Over the centuries spanking duties have been mostly a male domain. While mothers often delivered a quick swat to the butt of a child, the father of the family usually did the serious spanking. But especially during the 20th century, females took on more and more of the spanking duties, and this was noticeably evident in single parent homes where there wasn't a father in the house. While spanking by fathers was often a very brutal form of punishment, mothers tended to use more ritual and humiliation to get the same effect as a more violent spanking without taking a chance on doing substantial physical harm to the child. The use of petticoat punishment on errant males parallels this changeover as more females became the family disciplinarians, and women used this form of punishment because boys often defied their mothers simply because they were females. Since young males looked down

on all females as being inferior, women realized that forcing a boy to wear female clothes was a supreme humiliation, a punishment that was especially effective if a femininely dressed boy was shown off to family, friends and neighbors.

Today spanking is much less brutal than before simply because of child abuse laws. And that's a good thing because as you will see, a spanking does not have to be physically harmful to be an effective discipline. How hard and how long should a spanking be? As long and as hard as is needed to get the job done. That sounds like a trick answer, but it is true. And if you think about it that way, how long and how hard a spanking lasts is not important. The goal is to change behavior not to physically abuse, and many times a very light spanking will accomplish that. Especially with very young children, a mild hand spanking is usually enough. It establishes that you are boss and must be obeyed; otherwise, there are consequences.

Those for and against spanking, argue about spanking when they should be arguing about when and how to spank. An effective spanking is one teaches a child an important lesson, changes his behavior and leaves him still respecting the person who spanked him. Every child should have a little "fear of the Lord" in him in regard to his parents, and spanking accomplishes that faster than most anything else. But when a spanking is physically abusive, that fear can easily turn into hate and the child loses respect for the person spanking him, and that is not a good thing. A child has a sense of what is fair. Now what is fair to you and fair to him may be two different things, but it is important for you to try to understand his view. Give him adequate time to explain himself. There are exceptions to every rule. After listening to him, if you still see the need to spank him, he will still have respect for you if he thinks his punishment is fair. For him to appreciate that, talk to him during his punishment so he knows just how wrong he was and why he deserves to be spanked. You should think of using spanking as a way to instruct not simply a way to punish. Here's an example.



With a wig, makeup, lacey lingerie and a cute party dress, many boys make very convincing little girls.

Marla Dalton is a single mother and her son has been nasty to his little sister and one of her friends. This is a condensed version of her conversation, but I think you'll get the idea. Eli has just thrown one of his sister's dolls across the room and called her and her friend "stupid" because the girls set up a little tea party on the living room floor, obstructing his view of the television. The boy's mother saw the whole thing.

"Eli, why did you do that?"

"Oh, Mom, they're in my way."

"Well, that's no way to act. Did you even bother to ask them to move to the side a bit? Or did you think about moving to the other chair so you could see the TV?"

"Uh, no, Mom. But they're just dumb girls. I was watching my show!"

"Eli! Girls aren't dumb. Annie is getting better grades in school than you did when you were in her grade. And since when is what you want more important than what your sister wants? I think you need to be taught a lesson about respecting girls."

"Girls? It's their fault. I was here first. Why should I move?"

"Well, you should move because it would be a gentlemanly thing to do. I think you need a spanking to teach you that lesson."



"A spanking...?"

"Yes, a spanking, and I think I'll increase the punishment so you will have more respect for girls. Go upstairs to my room. Get undressed and wait for me. Take everything off. Don't you dare move until I get there."

Marla made Eli wait for almost a half an hour. She wanted him to think about what he had done, think about how he had been disrespectful to girls, and think about those things while he waited naked and alone in her perfumed and femininely appointed bedroom. It was meant to impress upon him her power and the fact that she was in charge. When she finally showed up in her bedroom, she was carrying with her a skirt, a training bra and a pair of nylon panties, and when it became obvious that she was going to dress him in them, Eli became very upset.

"Now, don't give me any problems, come over here so I can put these panties on you."

"But, Mom, I don't want to wear those clothes."

"I know you don't. That's exactly why I'm going to make you put them on. You mistreated your sister, so now I'm going to show you what it feels like for a girl to be mistreated. Here I want you to take a good look at these panties. They're very special."

Marla held the panties up in front of him. She made him touch the nylon and elastics, made him feel how smooth the nylon was between his fingers, how stretchy the fabric was and how snappy the elastics were. She then put the panties into his hands and told him to study them. She sat there in silence as he tried to comply with her command. He didn't know what to do, so he made a show of feeling the lace and nylon, wondering if he was doing it right. His mother was fully in command of her scrawny little boy, standing naked before her, playing with a pair of sissy panties that he would soon be wearing. She made him stand there fumbling with the panties for five minutes without barely speaking a word to him. Then she took the panties and held them open near his feet. He knew what was expected of him, but he hesitated.



"Now, lift up your foot. These are nice new panties. I think you will love wearing panties."

Eli protested that he would never like wearing panties, but he did let his mother pull them up his legs. The panties were yellow and lacy, and they were new. She had recently purchased them along with the other clothes just to be ready for this moment. She took her time pulling up the panties. She was in no rush to limit his humiliation. When the panties were halfway up his thighs, she made a stab at his masculinity.

"Oh, my, your penis is quite small. I wonder if something is wrong with you. Maybe I should take you to the doctor."

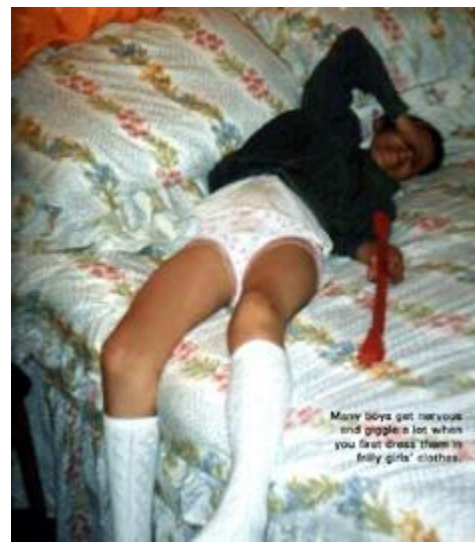
That comment made Eli very quiet. Marla took the opportunity to touch his penis. She lifted it up and inspected his balls, and told him that they seemed unusually small too. By the time she did pull the panties all the way up, he was glad to cover up his penis and balls, but then she touched his genitals through the panties as she continued her inspection and adjusted his boy toys inside the silky nylon. Standing there in silk panties with his mother's face just inches away from his crotch as she studied his genitals made him very nervous. He desperately wanted this all to end, but he had no idea how it was going to end and how long his mother was going to draw this all out. A boy always wants his punishment to be over with as quickly as possible. Drawing it out increases the effectiveness of the punishment.

"Your penis is so small. It barely makes a bulge. These pretty panties hide it very well. I think people wouldn't even be able to see it in your panties. They would think you are a girl."

Tears were already forming in Eli's eyes and the spanking was still a long, long time away. Marsha then put him into a baby-size pink training bra that was barely more than a couple of triangular satin pads attached to satin ribbon straps. She purposely had gotten a training bra that was too small for him, so its tightness would remind him he had it on. Next came a medium-length plaid skirt. Eli had to repeatedly wipe away the moisture draining from his eyes. His protests had just been mumbles. He knew his mother was not in any mood for foolishness. She did have to warn him several times his spanking would be increased if he defied her in any way. She put his T-shirt back on him because she hadn't gotten him a blouse, but at that very moment, she knew she was going to get him a frilly blouse and a lot more girls' clothes at the first opportunity. She had gotten the skirt and bra and panties after reading about petticoat punishment in a magazine. She thought it was strange sort of punishment, but she was concerned how Eli was developing and was ready to try whatever might work.

Eli pulled back and resisted a lot when she started to lead him downstairs where his sister and her friend were still playing.

"Come along, now. Don't be bad. You're a little girl now, and girls are good. Girls mind their mommies. If you're bad, I'll take away your pretty panties. Then your sister and Cindy will see the ugly little boy things you have between your legs. You know, they would tease you because your



penis and balls are so funny looking-- and so tiny for a boy."

Eli would have loved for her to take away the panties and all the other girls' clothes, but the idea of having his sister and her friend look at his penis and balls and tease him about them made him stop resisting. Once they were back in the living room, the girls tried not to giggle too much. Marla had coached them in how to act. A little mild teasing was okay, but they had to treat him nicely, so he wouldn't become too rebellious. After a while they could tease him a lot more.

"Girls," Marla announced, "I want you to meet your new sister."

The two little girls gathered around him and touched his bare legs and skirt as they greeted him with hugs and kisses.

"Oh, Mommy! Eli looks so sweet! Does he have on lacy panties too?" Annie cooed as she reached under his skirt with her little hand, letting her fingers graze over his silk butt.

"Of course, he does. He's a girl now, and girls wear pretty panties."

Just then Cindy noticed something pink through his T-shirt.

"Oh, Mrs. Dalton, does Eli have a bra on? Can we see it? Can we see it?" she said laughing. Then Cindy saw it too and rolled on the floor in laughter. The girls couldn't hold back upon discovering he was wearing a bra.

"Why, sure, Eli has a bra on. His very own bra. Now, girls don't laugh too hard at him. You'll see his little pink bra soon enough. It has to be very traumatic for a boy to have his first bra. It's just a training bra because his breasts are very small, but some day maybe they'll grow to be big just like Mommy's because if he asks me real nice, I'll let him keep on being a girl."

Eli was stunned even at the idea. He barely heard what his mother said next.

"But right now we have some business to attend to. Eli was very bad to you and Cindy and he needs to get his spanking."

All the humiliation caused tears to roll down Eli's cheeks nonstop. He would never ask his mother to let him be a girl. He thought it was a stupid thing for her to say. He tried to blink the tears out of his eyes when his mother took off her skirt and stood before him with just her white lacy panties covering her pussy. Then she sat down, and he was surprised by her strength as she hoisted him over her lap and held him in place. He felt his skirt being pulled up in back. The girls screamed in delight when his yellow panties came into view. Marla started spanking him with her hand. He was crying uncontrollably and the spanking had barely gotten underway. After



*After being punished there's nothing quite like the sight of a well spanked ass peering fully shamed panties up over his lengthy rear end and out.*

about twenty spanks, she started talking to him. She'd say something and then smack his butt, say something more and smack him again. A boy his age should have been able to tolerate a simple hand spanking, but he was crying furiously and agreeing to everything she said. He wanted it over with, but Marla knew this was prime learning time, and she was drawing it out. Here's how part of that teaching lecture went:

"Eli, you threw down Annie's doll. You were naughty, weren't you?"

"Ow! Yes, Mommy."

Smack!

"But now you're going to be a good girl, aren't you Eli?"



*Making a boy suck on a baby pacifier will keep him quiet, and toddler boys' clothes are a good stepping stone to a full girls' outfit.*

"Yes, Mommy,"

Smack!

"Now, tell me thank you for buying you these pretty clothes."

"Th-thank you, Mommy."

Smack!

"Thank you, what?"

"Thank you, Mommy for buying me these pretty clothes."

Smack!

"Do you like your skirt? Tell me you love your nice skirt."

"I love my nice skirt, Mommy."

Smack!

"Tell me you love your pretty panties."

"I, uh, oh, Mommy!"

Smack! Smack! Smack!

"Tell me, sissy boy!"

"I love the pretty panties, Mommy."

Smack!

"But whose panties are they?"

"My panties, Mommy."

"Good, girl," Marla said. This time she did not spank him. "Tell me what else you need to thank me for?"

"What else, Mommy?"

Smack! Smack! Smack!

"Ow! Ow! Ow! Oh, Mommy, thank you for the pretty br-bra too!" Sob, sob, sob.

"That's better. Now tell me you want to be a girl."

"Oh, no, Mommy, please, Mommy!"

"Tell me sissy boy!"

"Oh, Mommy, I'm sorry for throwing..."

Smack! Smack! Smack!

"Tell me. And tell me now. And tell me you want to be a girl so you can wear pretty bras and panties every day."

Smack! Smack! Smack!

"Ow! Ow! O-u-c-h! Oh, yes, Mommy! Let me be a girl so I can wear pr-pret-ty bras and panties!"

"Good, now tell Annie you'll be a good big sister to her."

"Wha..."

Smack! Smack! Smack!

"Annie, I'll be a good girl, I mean a good sister to you."

"Ask Cindy if she'll forgive you for being a bad boy."

"I'm sorry for being a bad boy, Cindy."





"Tell both your sister and Cindy you'll be a good little girl from now on."

Eli hesitated.

Smack!

"Ouch! Annie and Cindy, I promise to be a good little girl now."

"Good. We're making some progress. Now go over to the corner. Press your nose to the wall. Keep your panties down and your skirt held up so we can see your red butt. You were a bad boy but I know you are going to be a good girl now. Stand in that corner until I tell you otherwise. Stand there and think about your spanking and all the things you promised to do. Think about how lucky you are to have a loving mother who buys you such pretty clothes. Think about how nicely you are going to play with Cindy and your sister in the future. Think about what it will be like when I take you outside in your nice new clothes along with the girls for ice cream later."

Marla did take them outside later, but they went to a drive-in for ice cream. Still, Eli was scared beyond belief just to be outside in girls' clothes. At bedtime that night she put her son into one of her own nightgowns. He was so happy in the morning to see that she had laid out his regular boys' clothes to wear again. But when he went to his closet, he saw the skirt hanging there, and when he went to his underwear drawer, he saw the pink training bra and yellow panties next to his boys' underwear. Eli was a very good boy for a long time after that. Every once in a while, he would find a new dress or skirt in his closet and new bras, panties and other lingerie in his drawer. He knew they were there ready for that next time he would act up. And like any boy, he did act up and get into trouble from time to time. Being forced into those horrible girls' clothes and given a spanking became his standard punishment. And on many occasions, even when he hadn't done anything wrong, Annie wanted him to dress up like a girl to play with her and Cindy. He had to do it, knowing that if he didn't, he'd get a spanking and still have to do it.

The forgoing illustrates many things about the proper way to spank a boy. Humiliation is a major part of the scenario: the girls' clothes, being made to talk about the clothes, thank his mother for the clothes, tell her how much he loved the clothes, making him be specific about the clothes, making him say "bra and panties, "his bra and panties," etc. Also the humiliation of being spanked like a little child, and being spanked in front of not just his little sister but her girlfriend too. Plus the indignity of being closely examined and touched intimately by his mother and the girls. Making him so miserable that he gives into to his mother and asks her if he can be a girl so he can wear pretty clothes all the time. Then there's the belittling of his manhood, making him worry about his small penis and balls (they really weren't small for a boy his age), and repeatedly telling him that boys are bad and their genitals are ugly and inadequate, only to counter by saying girls are good and their clothes are pretty. Eli's



Given the choice between a spanking and wearing girls' clothes, it usually takes only one spanking for a boy to ask for dresses.

spanking was a long one, drawn out with a lot of conversation. A thoroughly humiliating spanking session is a great time to instruct a boy and get him to say all kinds of things he would never say under any other circumstances. Then there's the terror that this whole punishment scene may be repeated the next time he is naughty -- and it was. Just the clothes hanging in his closet and the bras and panties in his underwear drawer were a horrific daily reminder. Throughout it all, Eli learned his mother is the boss, and he had to do whatever she said, or there would be unpleasant consequences. He developed a new respect for his mother's strength and power. He learned to be nice to his sister and other girls. Marla's spanking was not a very hard spanking! It was long and drawn out but most of Eli's tears came from the humiliation and the belittling, the confusion and doubts concerning his masculinity. The spankings that followed were similar in design. He got to know what to expect, but still his mother kept adding to the ritual. First, there were more girls' clothes, dresses, slips, and fancier clothes, party dresses and ballet outfits, and clothes that had special meaning to him. The little girl he liked was a cheerleader. His mother was able to get the girl to give her one of her cheerleader outfits, supposedly for Annie to wear to a costume party, but in reality. She used it as a punishment outfit for Eli. And before returning the outfit, she took pictures of him wearing it, and often threatened to show them to his girlfriend whenever he was naughty. She told Eli that she'd tell the girl he had dressed up in the cheerleader outfit on his own and she had caught him wearing it. And so it went on and on. From this you can get a good idea of how to use spanking without being physically abusive to tame and feminize a boy. Of course, older boys do need to be spanked harder and a paddle or strap will probably have to be used just to get through to them, but even then, the paddling doesn't have to be all that hard (compared to the kind of spankings our parents considered proper). You can ease off the physical punishment as he becomes more cooperative and intensify it at the slightest sign of disrespect or defiance. But you must never get to the point that you will scar him, make him bleed or even give him anything more than minor bruises. If that does not work, the boy is getting too old for most types of spanking punishments, then you will have to move into sexual punishments to get the job done, and that type of mind and body control we will discuss in the next lesson.

\* \* \*

*To be continued in Part 5-B  
Spanking & Sexual Domination*

***The end of  
Demale Training Manual Volume #8***

To be continued in Volume #9

[Index](#)



*In the past, boys caught wearing their sister's panties were spanked! Today we say spank any boy who refuses to wear panties!*



*In olden days, petticoat  
punishment was almost  
always accompanied  
by a sound spanking.*



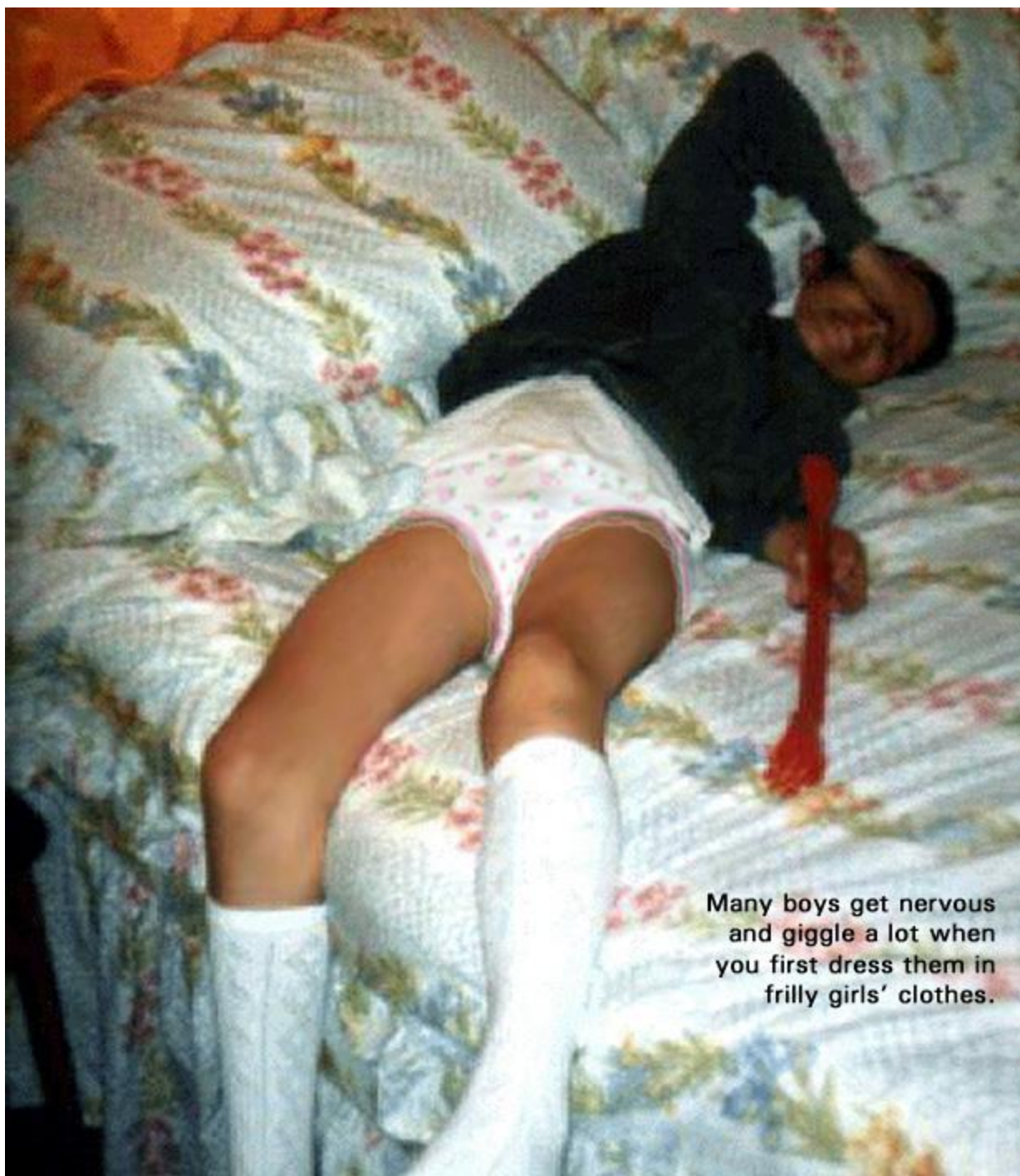






With a wig, makeup, lacy lingerie and a cute party dress, many boys make very convincing little girls.





Many boys get nervous  
and giggle a lot when  
you first dress them in  
frilly girls' clothes.



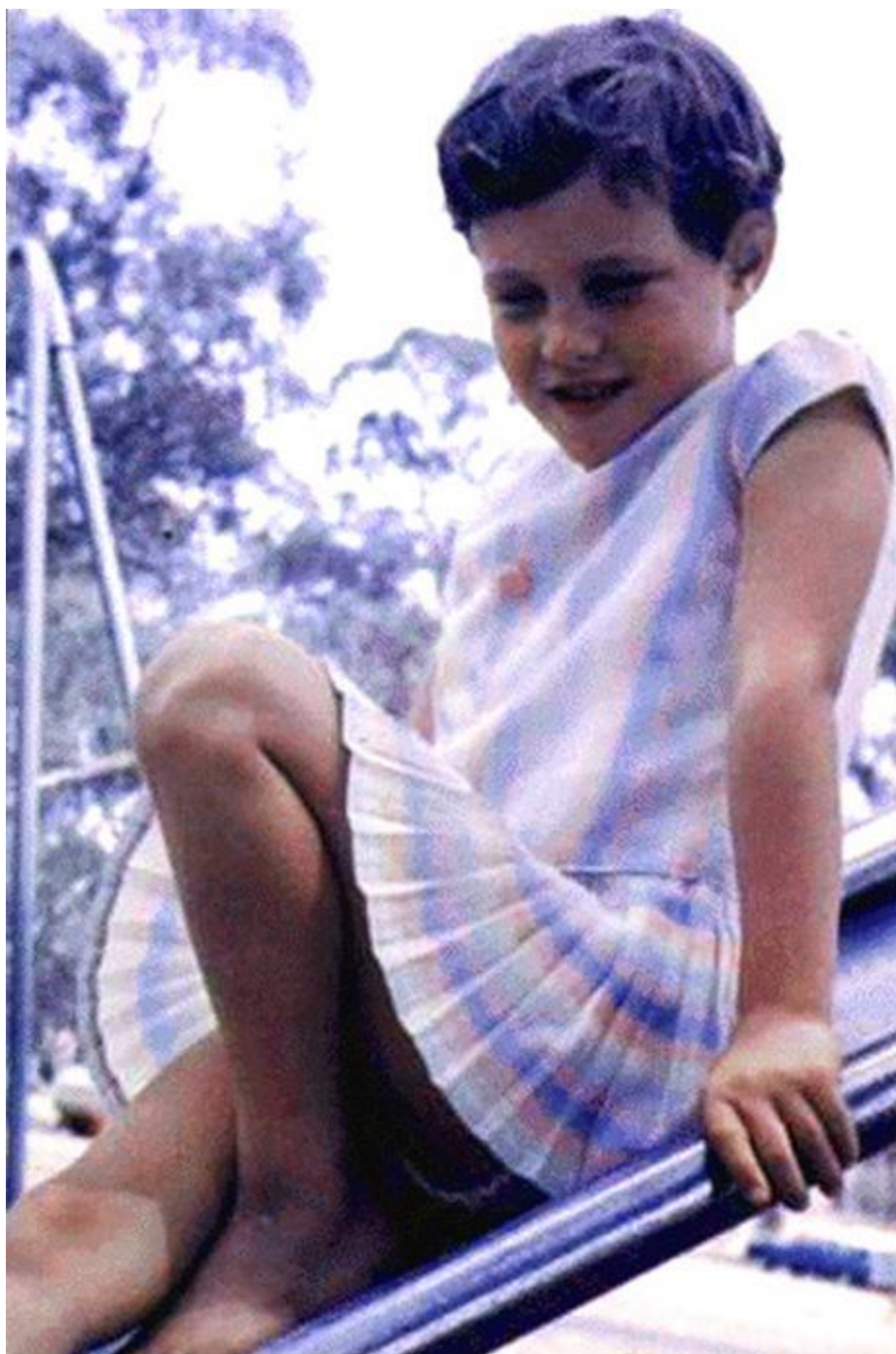


*There's nothing quite like the sight of a sissy after a spanking pulling up his frilly rhumba panties over his rosy red rear end .*



*Making a boy suck on a baby pacifier will keep him quiet, and toddler boys' clothes are a good stepping stone to a full girls' outfit.*





Given the choice between a spanking and wearing girls' clothes, it usually takes only one spanking for a boy to ask for dresses.