



# GROWING MUSCLES

## PART 3




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**where the strong girls live**

THE NEXT MORNING...



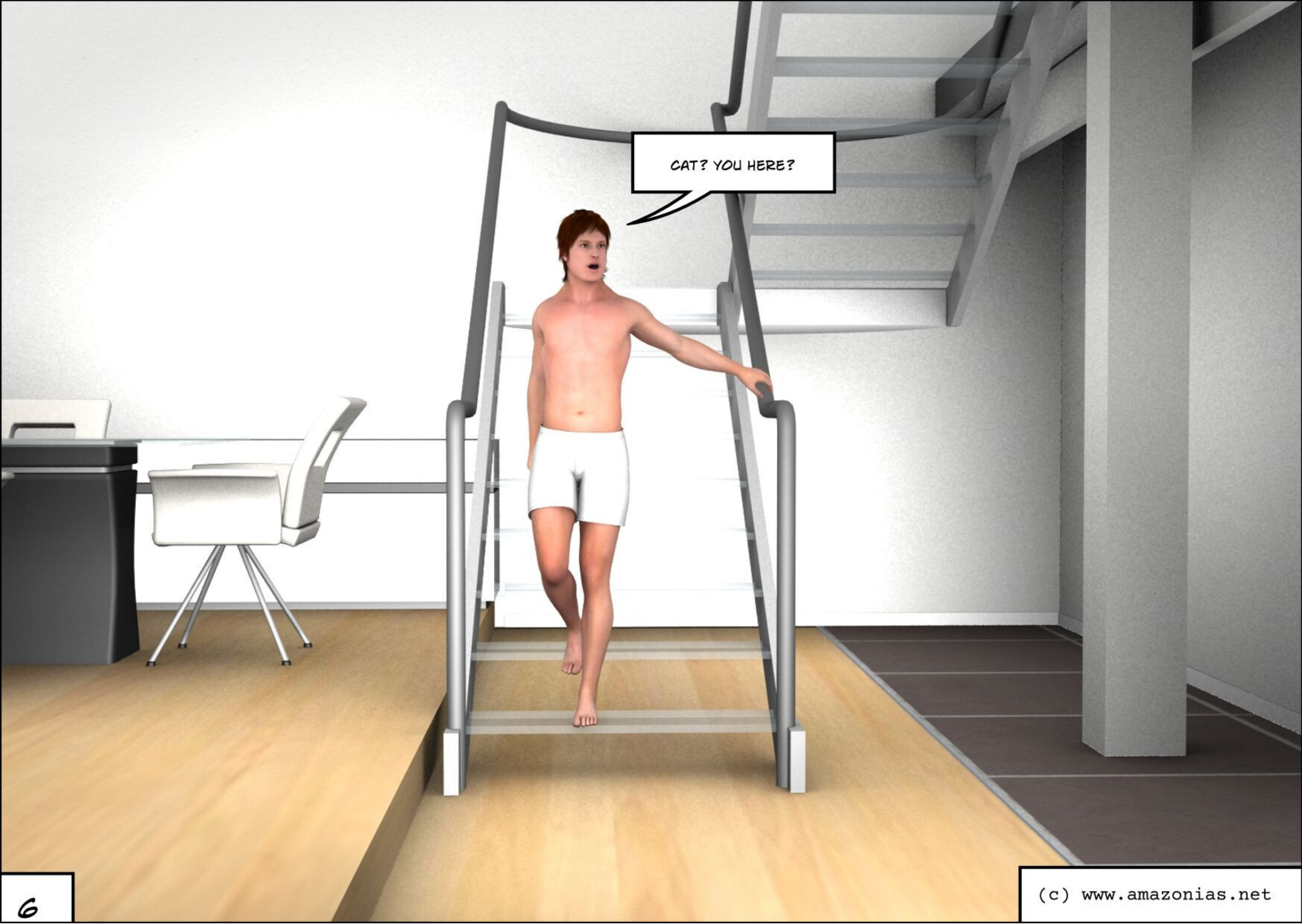
OH MY GOD...



CAT? OH, SHE'S UP ALREADY...

WHAT A  
FUCKING NIGHTMARE!  
WHERE THE HELL DO  
DREAMS LIKE THAT COME  
FROM, I WONDER... CRAZY  
SHIT!






CAT? YOU HERE?



SHE MUST BE  
AT THE GYM OR  
SOMETHING. LET'S SEE  
TODAY'S PAPER...



GOOD TO  
HAVE AN ENTIRE WEEKEND  
WITH NO OBLIGATIONS! THINK  
I'M GONNA GO WATCH THE  
GAME...


HI RONNIEHONEY, DID YOU SLEEP WELL?

GOOD MORNING... ACTUALLY NO, I HAD THIS HORRIBLE...-





---NIGHT--- MARE



OH. MY. GOD... IT... IT... THIS CAN'T...  
I... THIS WASN'T A NIGHTMARE

WOW, YOU REALLY THOUGHT YOU HAD  
DREAMT IT? THEN I CAN SURPRISE YOU  
ALL OVER AGAIN I GUESS...




I'M ACTUALLY BIGGER AGAIN THAN I WAS LAST NIGHT. AND I JUST LOOOOOVE IT! DO YOU THINK I'M TOO BIG, BABY? OH RIGHT, I ASKED THAT YESTERDAY AND YOU SAID YOU LIKED ME BETTER BEFORE. POOR YOU... NOW, YOU AND ME...

... ARE GOING TO THE GYM TODAY. I'M SO LOOKING FORWARD TO TESTING MY STRENGTH AGAIN, AND SHOWING IT TO YOU... AND IT'S A NEW GYM. I GOT TOO MANY PEOPLE ASKING ME WHAT THE HELL HAPPENED AT MY OLD GYM... SO THIS IS GONNA BE A FRESH START... GET DRESSED BABY, I WANNA GO RIGHT NOW.

AH... I ACTUALLY HAD OTHER PLANS FOR THIS MORNING...

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LISTEN BABY, I'M ONLY GOING TO SAY  
THIS ONCE. YOU HAVE NO PLANS, NO  
DESIRES, NO IDEAS... EXCEPT FOR \*MY\*  
PLANS, \*MY\* DESIRES AND \*MY\* IDEAS.  
DO YOU UNDERSTAND?


EH... PLEASE CAT... BE REASONABLE...  
WHAT AM I SUPPOSED TO BE? YOUR  
PUPPET? PLEASE...

YOU WILL NOT ASK QUESTIONS, AND YOU  
WILL SPEAK WHEN SPOKEN TO.  
OTHERWISE I'LL LET YOU FEEL THE  
PRESSURE THIS HUMONGOUS BICEP CAN  
PUT ON YOUR THROAT. OR RIBS.  
**UNDERSTOOD?**

EH YES... UNDERSTOOD!

LOOK AT THEM STARE BABY. OH I LOVE IT. I'M A GIANTESS TO EVERYONE ELSE... THIS IS MY LITTLE PLAYGROUND. AND YOU'RE MY LITTLE TOY... LET'S HAVE SOME FUN...






FIRST I'D LIKE TO SEE WHAT YOU CAN DO,  
TO HAVE SOME POINT OF REFERENCE,  
YOU KNOW. YOU'VE BEEN BRAGGING  
ABOUT YOUR LIFTS FOR THE LAST YEAR  
NOW. TIME TO SHOW WHAT YOU GOT  
BABY...

BUT CAT... EH... I MEAN... OKAY,  
SURE...



HI THERE LITTLE THING! CAN'T STOP STARING AT THIS BIG BICEPS CAN YOU? MAYBE I'LL LET YOU FEEL THEM, LATER ON. HAVE TO SHOW OFF TO MY HUBBY FIRST...





OKAY BOY, THAT WAS YOUR LAST STARE  
AT ANOTHER WOMAN. IF I CATCH YOU DO  
THAT AGAIN, YOU'RE GONNA HURT. REAL  
BAD. UNDERSTOOD?

UNDERSTOOD.



GET TO WORK LITTLE MAN, I'M  
WAITING. TAKE YOUR SQUAT  
WEIGHT. NOW.



MY GOD, THAT'S REALLY PATHETIC. AND YOU CALL YOURSELF A MAN? FIRST TIME WE GO TO THE GYM TOGETHER AND THIS IS WHAT YOU CAN SHOW ME?

UNGH... YOU'RE MAKING IT HEAVIER...



RONNIEHONEY, I'M SORRY, I CAN'T EVEN  
STAND WATCHING THIS. I THINK I GOTTA  
SHOW YOU WHAT REAL STRENGTH IS...  
LET ME SEE...



HOW DOES IT FEEL BABY, WHEN I STAND  
IN FRONT OF YOU LIKE THIS, WITH A  
CHEST TWICE AS WIDE AS YOURS? I'M  
CURIOUS... TELL ME...

IT'S... PRETTY SCARY...





SCARED WHEN I'M JUST STANDING THERE  
HUH. HMM, AND YOU AIN'T SEEN NOTHING  
YET...  
SO I WAS THINKING... WE'RE A COUPLE,  
RIGHT... NO NEED TO BE COMPETING.  
INSTEAD, LET'S COLLABORATE.  
TOGETHER WE CAN LIFT MORE THAN BY  
OURSELVES... SO YOU KEEP HOLDING ON  
TO YOUR WEIGHT... DON'T LET GO... AND  
THEN I...



... LIFT UP YOU AND THE WEIGHT TOGETHER... TEAMWORK!!

WHAT DO YOU THINK, LITTLE GIRL?  
DON'T WORRY, HE WON'T DROP THE  
WEIGHT. I GOT IT FIRMLY IN MY FIST, NO  
PROBLEM!

OH MY GOD! I CAN'T BELIEVE  
THIS... THIS IS...



WHOA!

WHOOPS  
THERE SHE GOES...  
I THINK WE'RE A BIT OF A  
DISTRACTION, HONEY...



OK, LET'S CHANGE YOUR POSITION A LITTLE BIT... I LIKE TO EXPERIMENT, YOU KNOW. WHEN YOU HAVE ALL THIS POWER AND CAN DO ANYTHING YOU WANT, THERE'S NO POINT IN DOING THE SAME DAMN THING FOR LONGER THAN A MINUTE...



ALL RIGHT! DON'T LET GO NOW! THIS IS A GOOD EXERCISE FOR YOUR ABS. TRY TO REMAIN HORIZONTAL TO THE GROUND...

HEY LITTLE MISS, ME AND MY FRIEND ARE GOING TO DO SOME MOVES ON THE BENCH OVER THERE. WE COULD USE YOUR HELP. WANNA COME? AND BRING THE OTHER GIRL, ONCE SHE GETS HERSELF OFF THE FLOOR...

EH... EH... OKAY...

YOU CAN LET GO OF THE BAR MY LITTLE  
MAN, I'VE GOT IT. IT'S TOO HEAVY FOR  
YOU IN THIS POSITION... TIME TO RELAX  
A BIT... YOU'VE DONE WELL...





ALL RIGHT GIRLS, WHAT ARE YOUR NAMES?

I'M SHEILA.

I'M ALISON.



ALL RIGHT, SHEILA AND ALISON, I'VE GOT SOME COMPLICATED MOVE IN MIND, AND I CAN'T DO IT ALONE, SO I APPRECIATE YOU HELPING OUT FOR A MINUTE.  
ALISON, COULD YOU GRAB THAT BAR AND PUT IT IN MY RIGHT HAND, JUST THE WAY I'M HOLDING THE OTHER BAR?



ALL RIGHT BABY, WE'RE GONNA LIFT TOGETHER. YOU WON'T ACTUALLY HAVE TO DO MUCH. JUST TRY TO BE AS STRAIGHT AS POSSIBLE...



SHEILA, WHEN ALISON HANDS ME THE BAR, YOU SHOULD LIFT UP MY HUBBY'S LEGS FOR A SECOND, SO WE CAN MAKE HIM REST ON THE BAR...



OK, GREAT, I GOT IT. NOW  
SLIDE IT A BIT FURTHER...



THANKS GIRLS! NOW IF YOU WANNA PUT TWO 25LBS WEIGHTS ON THE SECOND BAR TOO, SO THAT THEY'RE BALANCED... THAT WOULD BE GREAT...

HEHE, I FEEL LIKE A MECHANIC WORKING ON A MACHINE IN A PITSTOP...

RIGHT, EXACTLY!



I CAN'T BELIEVE IT! YOU ARE ACTUALLY BENCHING ALL THIS!

WHAT ARE YOU? SHE-HULK??



AND THERE WE GO... UP!  
OH, OH MY GOD, THIS IS WAY TOO LIGHT...



LET'S PUT THE 45 LBS ONES GIRLS,  
EVERYWHERE...

EH... OKAY... IF YOU SAY SO



UNGHHHHH

NESS, OLYMPIC  
45

NESS, OLYMPIC  
25



ALL RIHHHIGHT, YOU GIRLS ARE STRRRONG!



AAAH, THAT'S MORE LIKE IT! NOW  
JUST LET ME DO SOME REPS AND  
THEN HELP ME TAKE 'M DOWN  
AGAIN...



28, 29, 30! OKAY GIRLS, THAT'LL DO FOR NOW...  
ACTUALLY, LET ME SEE IF I CAN TRY TO GET UP MYSELF... ONE... TWO...




THREE! ALRIGHT! DON'T FALL OFF HONEY, HOLD ON TO THE BAR WITH YOUR HANDS. I'M GONNA GET UP...



OK GIRLS, THAT WORKS. THANKS FOR YOUR HELP! I'M GONNA WALK HUBBY TO THE UNEVEN BARS OVER THERE...



OK, I GUESS I'M DOING ALL THE LIFTING NOW, SO I'M GONNA THINK OF AN EXERCISE WHERE WE BOTH HAVE TO MAKE AN EFFORT...



OK MY MIDGET MAN, LET'S CONTINUE  
OUR LITTLE GAME. I'M GONNA WANT  
SOME SEX SOON CAUSE ALL THIS  
MUSCLE AND STRENGTH STUFF IS  
DRIVING ME REALLY, REALLY HORNY...  
WILL YOU BE UP FOR THAT?

AH... SEX... HERE?



YES, HERE. YOU'RE NOT  
EMBARRASSED IN FRONT OF THOSE  
LITTLE GIRLS, ARE YOU?

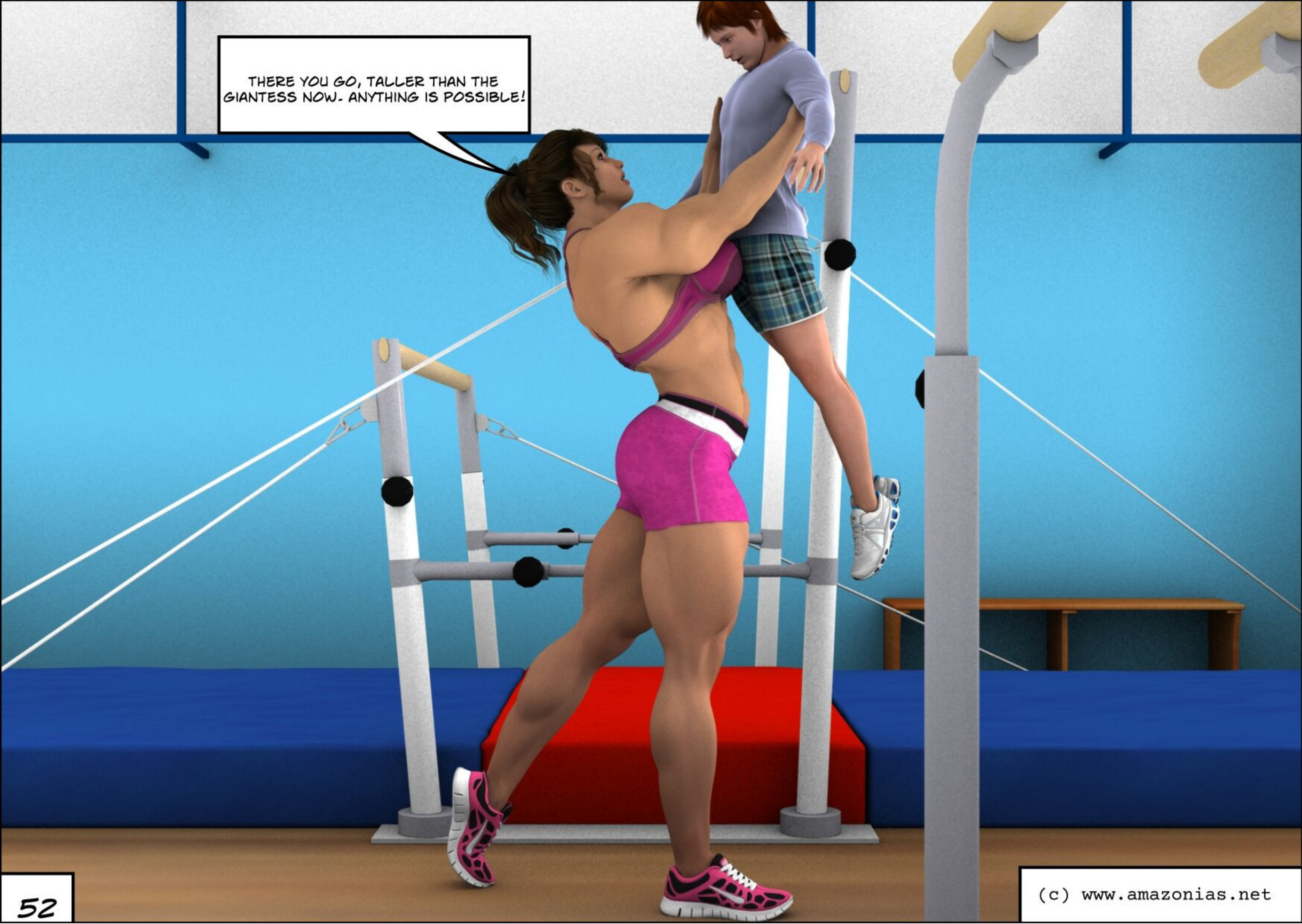
EH... ACTUALLY... IT IS  
UNCOMFORTABLE...

WELL, DEAL WITH IT, BOY... YOU  
DON'T SEE ME EMBARRASSED FOR  
BEING SO MUCH BIGGER THAN MY  
HUSBAND, DO YOU?



OKAY, LET'S GET YOU HIGH, BABY...


THERE YOU GO, TALLER THAN THE GIANTESS NOW. ANYTHING IS POSSIBLE!





NOW, YOU HAVE A BIT TOO MUCH CLOTHING ON. LET'S START BY TAKING OFF THESE PANTS...

PLEASE, CAT... DON'T DO THIS...



UH-UH, REMEMBER, NO TALKING UNLESS SPOKEN TO! OTHERWISE: BICEPSTROUBLE! NOW LET'S GET RID OF THIS SHIRT... I LIKE TO SEE YOUR PUNY BODY IN ALL ITS GLORY!



NAKED ON ONE OF MY BICEPS BABY!  
NOW **THAT** IS POWER!

OH I WISH YOU COULD FEEL HOW THIS FEELS! TO BE THE STRONGEST PERSON THIS GYM HAS EVER SEEN! OH GOD! HOW HORNY THAT MAKES ME!

I'M GONNA FALL...

NONSENSE BABY, IF I HOLD YOU, YOU'LL NEVER FALL! YOU BETTER TAKE ANOTHER LOOK AT THESE MUSCLES...



OKAY, SO I HOPE YOU'RE READY FOR ANOTHER EXERCISE NOW. WE'RE GONNA HAVE SOME MORE FUN...

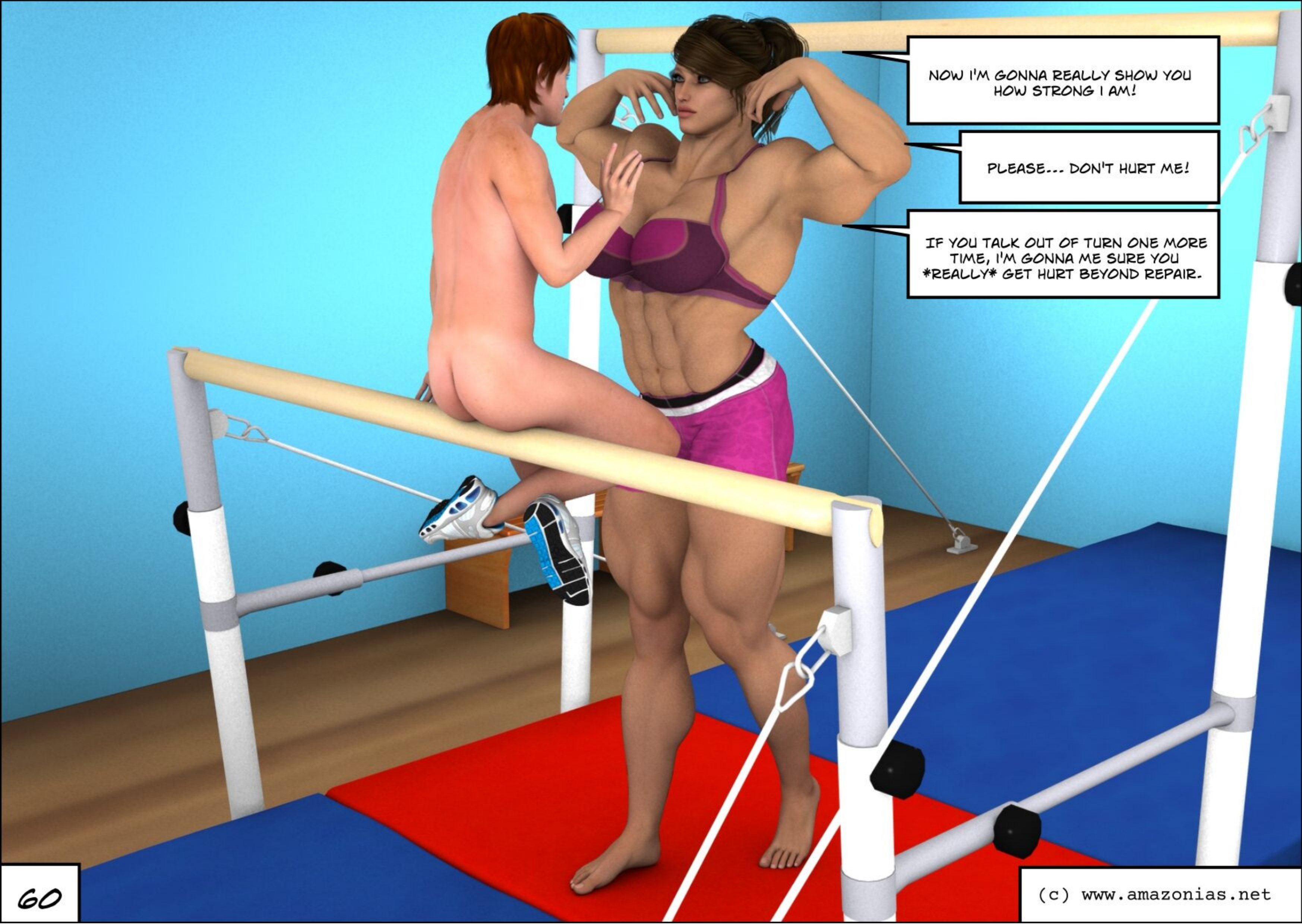


I'LL DROP YOU ON THE BAR. GO SIT IN THE MIDDLE AND DON'T FALL OFF...

YOU OK THERE, ALL NAKED? SAY  
"YES CAT, I'M OK".

YES CAT, I'M OK.

GOOD BOY!




NOW I'M GONNA REALLY SHOW YOU HOW STRONG I AM!

PLEASE... DON'T HURT ME!

IF YOU TALK OUT OF TURN ONE MORE TIME, I'M GONNA ME SURE YOU \*REALLY\* GET HURT BEYOND REPAIR.


LET ME JUST WARM UP A BIT AND THEN WE'RE OFF...

FUCK  
FUCK FUCK, WHAT IS SHE GOING TO DO TO ME NOW? WHY DOES THIS HAVE TO HAPPEN TO ME? WHY CAN'T I BE WITH ONE OF THOSE CUTE CHICKS INSTEAD OF WITH ... SHE-HULK?



OKAY, I'M JOINING YOU UP THERE...  
CURIOUS TO KNOW HOW MY GYMNASTIC  
SKILLS FROM COLLEGE WILL STILL  
HOLD UP WITH ALL THIS WEIGHT...

OK, THIS IS NO MORE DIFFICULT  
THAN IT WAS BEFORE...

A muscular woman with brown hair in a high ponytail is performing a split leap on a yellow bar in a gym. She is wearing a purple bikini. Her body is highly defined, showing significant muscle mass. The background features a white wall with blue structural lines and a blue floor. A speech bubble is positioned above her head, and a page number '64' is in the bottom left corner. A copyright notice is in the bottom right corner.

OPEN AND CLOSE AND OPEN AND  
CLOSE... OK, THAT WORKS. NOW...

WHAT I WANT IS FOR YOU TO GRAB MY FEET WITH YOUR HANDS AND HOLD ON AND NOT LET GO. CAN YOU DO THAT?


EH... I HOPE SO...





IS SHE GOING TO...

NAH...



OK, MAYBE GRAB MY ANKLES, FOR A BETTER GRIP. I'M GONNA RAISE MY LEGS AND I WANT YOU TO HANG FROM MY ANKLES AND DO A COUPLE OF PULL UPS LIKE THIS. TOLD YOU WE'RE GONNA BOTH SWEAT A BIT...

PULLUPS? I'LL BE GLAD IF I CAN MANAGE ONE!

COME ON BUDDY, YOU GOT THE EASY PART HERE, PULL UP! WATCH OUT, I'M GONNA SPREAD MY LEGS A BIT. I WANT YOUR CHIN ABOVE MY ANKLES!

AAAAGGGHH





THAT'S IT, GOOD BOY!  
HEY GIRLS, WANNA SEE  
SOMETHING ELSE?

GO STAND BEHIND ME FOR THE BEST VIEW. DO IT, COME ON, DON'T BE SHY!





I GOT YOU HUBBY. YOU CAN LET GO. I WANT YOUR HANDS FREE SO YOU CAN JERK YOURSELF OFF IN FRONT OF THESE NICE GIRLS HERE...

W-WHAT?

YOU HEARD ME, HUSBAND. DO IT,  
BEFORE I BREAK YOUR NECK! SPANK  
THE MONKEY! STRAIGHT TO THE FINISH  
LINE! I'M INCREDIBLY STRONG BUT EVEN  
I CAN'T HOLD YOU LIKE THIS FOREVER.  
DO IT!  
**NOW!**





THAT'S A GOOD BOY!  
FASTER, COME ON!

OOOOH

OH FUCK! DO  
YOU WANT TO  
SEE THIS?

YOU BET! DON'T  
YOU?

FUCK YES!

AAAAAAAAAAAAAAAAAAH


**YES!**  
THAT'S MY MAN! WELL  
DONE. WATCH OUT NOW,  
I'M GONNA DROP YOU.  
MY ABS ARE GOING TO  
EXPLODE OTHERWISE...



AH, LOOK AT THAT, HE'S TOTALLY EXHAUSTED FROM THE HEAVY WORKOUT!  
COMING DOWN BABY, WATCH OUT!



SO \*THIS\*, LITTLE GIRLS, IS WHAT YOU CAN DO TO YOUR OR ANY MAN IF YOU'RE FUCKING BUILT LIKE A MACHINE.



HOPE YOU GOT AT LEAST A LITTLE  
ENERGY LEFT, LITTLE MAN. I'M GOING  
TO WANT TO BE PLEASED A COUPLE OF  
TIMES. NOW GET YOUR FACE IN HERE  
AND GIVE ME WHAT I WANT.

**NOW!**

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