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WHAT HAPPENED BEFORE THIS:

KATIE HAS BECOME VERY PASSIONATE ABOUT WORKING OUT AND BUILDING MUSCLE. HOWEVER, HER INSECURE DAD THINKS THIS IS GOING TO FAR, AND HE LIMITS KATIE'S GYM HOURS. SHE DOES LIKE THAT, AND TAKES THE FIRST OPPORTUNITY SHE GETS TO DO SOMETHING ABOUT THAT...

THE WHOLE STORY (WHAT HAPPEND BEFORE AND WHAT COMES AFTER) IS BEING SERIALIZED AT WWW.LHART.COM. GO THERE TO GET THE WHOLE STORY!

Just a couple of days later, Hank's boss had to come by one night on Hank's day off, to get his opinion about an important project...

Ok Hank, I should take off. Sorry to have bothered you on your holiday at home, but this was urgent and I was in the area, so...


No problem at all Mitch. You sure you don't want another drink?






Yeah, I had far too much already
Hank, and with not having had
dinner, it's already gotten to my
head....
Well hello there! You must be...

This Katie, my daughter... Katie,
this is Mr Collins, my boss... Say
hi...




Nice to meet you Mr Collins...

Coming back from the gym are you?



Martial arts training
actually...

Oh really? I'm a big fan of
martial arts movies! What
kind of exactly? Karate?
Jujitsu?



A mix... Kind of MMA... I have this amazing teacher who knows a bit of everything. So I get the best of judo, kickboxing, Brazilian jujitsu... It's great...

That sounds awesome! So I guess you can hold your own against an attacker, right?

Depends... Does he have a weapon? How big is he? What skills does he have...?


Yeah, gotcha. But like, against a regular guy... Someone like your dad for instance...

My dad? Sure I can defend myself against my dad. That's no problem...

Ah, Mitch, you're right, it's late... Gotta back early at work tomorrow, so why don't we...-


Relaaaaaax, Hank! Now Katie, care to give us a demonstration? Let's pretend you're dad is the atta- I'm had one whiskey too many, sorry... - the attacker... Okay?





A demonstration? Gladly... Let me just take this jacket off, I'm kinda hot...

Never mind Katie, Mr Collins is kidding. He had too much, like he said...



Why don't I call you a cab, ok Mitch?

You gonna send me away when the fun starts? No way dude! And remember that I'm your boss, please! Now Katie wants to give a demonstration, I say we let her, ok?




Come up here dad.
Let's do this...

Katie, no!

Wow, I see you do workout
too. Good for you! Come on
Hank, I wanna see this, don't
be a sissy!

Haha, déjà vu dad...






Shouldn't you always listen to your boss dad? Ok, then I'll pull you up...

The girl's right Hank, listen to her, hahah!



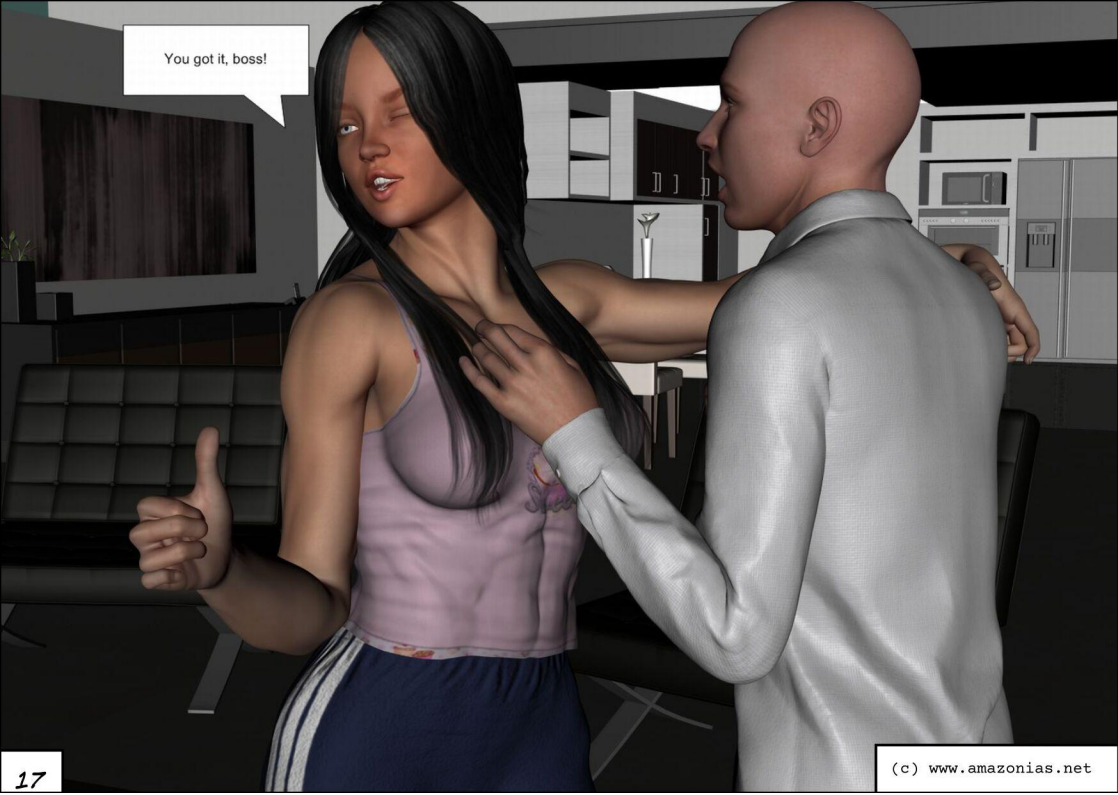
There you go!

Argh, Katie, I plea-




So you want to see some moves huh?

Yeah girl, show us something! Show me whadyagot!




You got it, boss!




Actually, let me get rid of these pants first...

[WHISPERS]
Katie... I... I know you are stronger than me...
But don't humiliate me in front of my boss... this is important...






Hmm, seems like this is a good time to negotiate about... open issues...



Ah... ok Katie, you can go back to the gym like before...




Tell you what dad: I'll go back to the gym, and I go as often as I want, building this body as big as I want. Deal?

Eh... ok. Ok, for this year at least.

So I won't... humiliate you, as you put it, but even so, I think it would be very... beneficial for you, and for our relationship, if I still gave a little demonstration...



It's a bit like the playfighting we did when I was a little kid. Only this time you don't have to *pretend* that I win.



So, Mr Boss, pretending that he is attacking me... I have lots of options. I can push his head back, turn his wrist....


Or I could throw him. This is from judo. I bend my knees, move my butt under his, move my arm under his armpit, grab his wrist, and...



Then I bend forward and throw him!









Wow girl! Well done!
Salud!

Hold on dad, stay there
for a sec



So now that he's on the ground, we have several possibilities again. The most obvious is to...

... take him in the classic jujitsu hold and bar his arm... Like this, see?



The nice thing about this hold is that I can do a lot of things from here. Play with his hand, his arm, put pressure on his neck...



Lots of ways to make my opponent submit, you see...



And I don't need to use both arms. I could even read a book like this, hahah...

This is really impressive Katie. You know, even though I'm your dad's boss, he doesn't always listen to me and is a bit stubborn sometimes... I guess with you...-





... with me that wouldn't be a problem indeed. You know, I hope to grow a lot bigger and stronger, but right now, with a small and unskilled opponent like this, it's really a breeze to control them...



Ok, my dad's been under here for some time now. Have you seen enough?



Haha, yes Katie. If this had been a job interview, you'd be hired! And your function would be to keep my managers in check when they don't listen to reason...

It was a fantasy that made Katie squirm with pleasure... As she felt the powerlessness of the little man beneath her young, strong legs, she was looking forward to many more moments like these...



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