



# MARJORIE'S WORKOUT

Part 1

*J. Stilton*

[www.amazonias.net](http://www.amazonias.net)



OH YES,  
THAT'S GREAT.  
BECAUSE YOU'RE SO  
LIGHT I HAVE TO FIND  
REALLY CHALLENGING  
POSITIONS IN ORDER  
FOR YOU TO BE WORTH  
SOMETHING AS A  
WEIGHT...

HOW ARE YOU  
HOLDING UP UP  
THERE?

I'M... O...KAY.  
JUST DON'T DROP  
ME PLEASE!

I'M GONNA  
LEAN BACK SOME  
MORE. DON'T  
DROP OFF!



OOOHH YEAH,  
THIS IS AWESOME! I  
SHOULD BE A FITNESS  
INSTRUCTOR ON TV.  
ONLY THING IS, NO  
WOMAN WOULD BE  
ABLE TO DO MY  
EXERCISES...



GOD! YOU WOULDN'T BELIEVE THE POWER-HIGH I'M FEELING RIGHT NOW! THIS IS AWESOME JULES!

MARJORIE DID TEN REPS LIKE THIS AND ENJOYED FINALLY HAVING TO MAKE A SERIOUS EFFORT. SHE LOVED PUSHING HERSELF TO EVER BIGGER CHALLENGES, AND TODAY SHE WAS ESPECIALLY HAPPY ABOUT HER OWN CREATIVITY IN DEVELOPING NEW EXERCISES...

OKAY, WATCH OUT, GONNA BRING US BACK UP...





THERE WE ARE. ALL STRAIGHT AND STEADY...

BUT THEN, WITHOUT ANY WARNING, JULIAN FELT HIS BODY BEING RAISED ANOTHER TWO FEET. HE WAS NOW DISTRESSFULLY HIGH ABOVE THE GROUND...

OH GOD! PLEASE! THIS IS HIGH!

I KNOW LITTLE ONE. I'M A TALL GIRL.



THE MUSCLEGIRL DID YET  
ANOTHER SET OF REPS LIKE  
THIS, ENJOYING EVERY  
SECOND OF IT...



ALL RIGHT, WATCH OUT  
NOW JULES!



OOPS!

WHAAAA!



BUT THE BIG GIRL CAUGHT HER TINY SLAVE SKILFULLY IN HER MUSCULAR ARMS...




GOTCHA JULES! NO WORRIES!

OH MY GOD!

SEE, SAFE AND SOUND! MY MUSCLES CAN HURT YOU BUT THEY CAN ALSO SAVE AND PROTECT YOU. YOU KNOW THAT DON'T YOU?

YES, MISTRESS... THANK YOU FOR NOT DROPPING ME!





TELL ME  
JULES, HOW DOES IT  
FEEL WHEN YOUR  
STEPSISTER CAN DECIDE  
ABOUT WHETHER YOU  
LIVE OR DIE?

IT FEELS... HORRIBLY  
EXCITING...

OKAY, I'M GONNA  
GET US OFF HERE. I'VE  
ALREADY GOT AN IDEA  
FOR THE NEXT  
EXERCISE...





TELL ME WHAT I'M  
DOING JULES...  
DESCRIBE IT...

UGH... YOU ARE  
CARRING ME AROUND  
BY... THROATLIFTING  
ME WITH ONE HAND...

MY FEET ARE  
DANGLING MORE THAN  
A FOOT ABOVE THE  
FLOOR BECAUSE YOU'RE  
SO MUCH TALLER  
THAN ME...



REALLY GOOD.  
NOW LET ME TELL  
YOU WHAT I'M DOING. I'M  
TAKING OF MY PANTIES...  
CAUSE I'M GETTING  
REALLY HOT...

AFTER THE  
NEXT SETS OF  
EXERCISES I'M  
GOING TO HAVE YOU  
PLEASE ME. YOU  
LIKE THAT, DON'T  
YOU?

OH YES...



YOU LIKE TO DO  
EVERYTHING MISTRESS  
TELLS YOU TO DO,  
DON'T YOU, MY  
MINIMAN?

OH YES... EVERYTHING  
YOU ASK...

A close-up, high-angle shot of a woman's face, focusing on her eyes and nose. She has dark, dramatic eye makeup with shimmering gold and black tones. Her eyes are looking slightly to the right. Three speech bubbles are positioned near her left eye, and one is near her right eye. The background is out of focus, showing a wooden floor and a green surface.

OH YES. BECAUSE I'M SO  
MUCH BIGGER

TALLER

STRONGER

LET'S DO A LITTLE  
COMPARING-INTERMEZZO  
BEFORE WE GO ON...

SEE WHAT I MEAN  
JULIAN? YOU'RE NOT  
EVEN TALL ENOUGH TO  
SUCK MY NIPPLES!






I COULD SWALLOW YOU BETWEEN MY TITS AND NO ONE WOULD EVER FIND YOU AGAIN!

OH MY GOD! THIS IS SO... SO... HOT!




OH I KNOW. YOU AND ME, IT'S THE BEST. THE GIANT AND THE DWARF, GETTING OFF ON EACH OTHER'S SIZEE!



READY FOR THE NEXT  
EXERCISE, JULES?

WHATEVER MISTRESS  
WISHES...



ALL RIGHT, LET'S  
HACK THE PREACHER  
MACHINE!

I WANT YOU TO MOVE THE TWO BIG DUMBBELLS THAT ARE NEAR THE BENCH TO WITHIN MY REACH, SO THAT I CAN PICK THEM UP FROM THIS POSITION.

DON'T TRY TO PICK THEM UP. YOU'LL ONLY HURT YOUR BACK. JUST ROLL THEM OVER HERE...

YES MISTRESS...





HOW ARE YOU DOING WITH THE VEST LITTLE ONE? STILL STANDING?

IT'S HEAVY, BUT I FOUND MY SENSE OF BALANCE WITH IT...


GOOD WORK.  
NOW I WANT YOU TO  
STAND OVER ME, MY  
FEET IN BETWEEN YOUR  
SPREAD LEGS...





LIKE THIS?

PERF!



SO I'M  
GONNA DO AN  
EXERCISE FOR MY  
ABS NOW. THE TRICK IS  
THAT YOU'RE A VERY  
LIGHT COUNTERWEIGHT,  
SO IT REALLY DEMANDS  
SOME EFFORT FROM  
MY EIGHTPACK...

JULIAN COULDN'T BELIEVE HIS EYES AS THE BODYBUILDER DID A SEEMINGLY ENDLESS SERIES OF SIT UPS. HE NOTICED HOW HER CHISELED ABS WERE BECOME EVEN MORE DEFINED IN THE PROCESS, AND HOW HER THIGHS SEEM TO BE ABOUT TO EXPLODE WITH MUSCLE...

78, 79...





AND ONE HUNDRED!

NOW THE LEGS... HOLD ON TO MY FEET JULIAN...

OKAY!

THE GIANTESS DID THIRTY REPS LIKE THIS AND JULIAN ALMOST CAME IN HIS PANTS AT SEEING THE STRIATIONS IN HER THIGHS MOVE AND POP AND BULGE. FOR A MOMENT HE WAS AFRAID MARJORIE'S THIGH MUSCLES MIGHT RIP THROUGH HER SKIN...

IT'S A BIT LIKE BEING ON A SEE-SAW FOR YOU, ISN'T IT?

YEAH! HOTTEST SEE-SAW EVER!



WELL DONE MY LITTLE MAN! I KNOW IT REQUIRES QUITE SOME EFFORT ON YOUR PART!

FLEX A BICEP FOR ME JULES!

EH...





THERE YOU GO! ISN'T IT FUN TO WORK OUT TOGETHER?



ALRIGHT! NEXT EXERCISE IS A HARD ONE! LET'S SEE HOW THIS GOES...



THE  
CHALLENGING  
THING IS ALSO THE  
BALANCE. THIS IS  
GRUELING ON MY ABS.  
YOU SIT AS FAR BACK  
AS YOU CAN  
AS JULES...



OKAY...

OOOOH BABY! NOW  
WE'RE TALKING!



HERE WE  
GO...





NNNGGGGHHH



THIS EXERCISE WAS INCREDIBLY HARD EVEN FOR A MAMMOTH GIRL LIKE MARJORIE. YET SHE WAS DETERMINED TO PULL OUT A COUPLE OF REPS. THERE WAS NOTHING IN THE WORLD MORE IMPORTANT TO MARJORIE THAN BUILDING STRENGTH AND MUSCLES, AND SHE HAD AN INCREDIBLE DETERMINATION WHEN IT CAME TO THAT... THE WORLD MOMENTARILY DISAPPEARED FOR MARJORIE. THERE WERE ONLY HER MUSCLES, AND THE WEIGHTS. BETWEEN THEM, A FIGHT WAS GOING ON. AND SHE WOULD WIN AGAIN.


A low-angle, close-up shot of a woman lying on a wooden deck. Her eyes are closed, and she has a serene expression. She is wearing a light green bikini top. The wooden planks of the deck run vertically through the frame. In the upper right corner, a patch of green grass is visible. A speech bubble is positioned above her head, containing the text "THREE! OOH JESUS!".

THREE!  
OOH JESUS!

JULIAN COULDN'T EXACTLY ESTIMATE HOW HARD MARJORIE'S CHALLENGES WERE, BUT SHE HAD TOLD HIM ONCE THAT FOR ALMOST ANY GUY, THESE WERE MEANT AS TWO HANDED DUMBELLS. AND HERE SHE WAS, LIFTING ONE IN EACH HAND, FROM WHAT LOOKED LIKE AN IMPOSSIBLY HARD POSITION...

I'M OWNED BY THE STRONGEST GIRL IN THE WORLD...



A young man with short brown hair and a surprised expression is looking at a large, muscular, red-skinned figure. The figure is wearing a green tank top and black shorts. The scene is set against a blue sky background.

IT WAS MOMENTS LIKE THESE THAT MADE IT ALL WORTHWHILE TO JULIAN. ALL THE HUMILIATION, THE PAIN, THE LIMITATIONS SHE IMPOSED ON HIM, THE PUNISHMENTS... THEY ALL VANQUISHED THIS WONDERFUL AFTERNOON, WHERE SHE WAS NICE TO HIM AND LET HIM BE AMAZED AT HER UNEARTHLY STRENGTH...

A 3D rendered scene depicting a woman with dark hair tied back, wearing a bright yellow short-sleeved shirt, lying on a black exercise bench. She is looking upwards with an open mouth, as if in pain or exertion. A large, muscular man with a black tribal-style tattoo on his left shoulder is leaning over her. The background consists of a grey brick wall with a dark arched opening. The ground is green grass. A white speech bubble with a jagged, starburst border is positioned to the left of the woman, containing the text "RRRHHHGAAAAA".

RRRHHHGAAAAA

A close-up, low-angle shot of a woman with dark hair and a determined, shouting expression. She is looking down at the chest of a very muscular man whose skin is highly detailed, showing prominent pectoral and abdominal muscles. The woman's mouth is wide open, showing her teeth. A speech bubble is positioned to the left of her head. The background consists of a wooden deck and a patch of green grass.

GO DOWN ON ME  
NOW!

MARJORIE HAD DECIDED THIS WAS THE POSITION IN WHICH SHE WANTED TO COME. SHE DIDN'T HAVE MUCH TIME. THE WEIGHTS WERE KILLING HER---

GO DEEP, FAST AND HARD!





MAKE ME  
COME BEFORE I HAVE  
TO DROP THESE  
WEIGHTS JULES.  
**GO DEEPER!**



IT'S... HARD IN THIS  
POSITION...

OKAY, LET ME HELP  
YOU...

MARJORIE PUT ONE OF THE HEAVY WEIGHTS ON JULIAN'S NECK, LETTING IT REST ON HER BIG THIGHS. IT WAS ALSO GOOD FOR THE BALANCE OF THE WHOLE THING. SHE MOVED THE OTHER WEIGHT ABOVE HER HEAD FOR A COUPLE OF EXTENSIONS. THIS WAS EVEN HEAVY, BUT SHE WAS DETERMINED TO PULL OUT FOUR REPS BEFORE SHE WOULD COME...

OH GOD...



THE NOISES SHE WAS NOW MAKING WERE COMBINATIONS OF GRUNTS FROM THE IMMENSE EFFORT, AND MOANS OF PLEASURE...

UHHHHH...  
THREE...





AND FOUR... OH MY  
OOOOOOOOHH



DON'T STOP  
JULES OH GOD OH GOD  
OH GOD

HER HIPS WERE TRUSTED UPWARD, AND SO WAS JULIAN. HE WOULD HAVE BEEN THROWN OFF MARJORIE WERE IT NOT FOR THE HUGE DUMBBELL KEEPING HIS UPPER BODY IN POSITION. HIS LEGS THOUGH, SWUNG IN THE AIR WITH THE POWER OF MARJORIE'S ORGASM...

AAAAHHH!!!!



SECONDS LATER...



THAT WAS DAMN GOOD WORK, SOLDIER!

IN A FOR HER RARE MOMENT OF REAL AFFECTION, THE BIG BODYBUILDER PULLED JULIAN TOWARDS HER WHILE LIFTING HIM WITH ONE LEG. THEN SHE KISSED HIM PASSIONATELY ON THE MOUTH...





OKAY JULES, I'M  
GONNA REWARD YOU.  
GET UP, TAKE  
EVERYTHING OFF AND  
STAND ON THE  
GRASS...

YES  
MA'AM!

NESS®

BARBELL

OLYMPIC

45

I'M THINKING OF  
A REALLY NICE  
POSITION FOR YOU TO  
COME IN. I KNOW YOU  
LOVE TO COME IN  
THE AIR...

OH YES...





LOOK AT YOU, SO  
SMALL AND HELPLESS...  
I THINK I'M GONNA GET  
HORNY AGAIN REAL SOON  
FROM ALL THIS MALE  
FRAILTY...



HMM, MY TITS  
WOULD LIKE TO PLAY  
WITH YOU TOO. THEY'RE A  
BIT JEALOUS OF MY  
BICEPS, WHO GOT ALL THE  
FUN.  
ANYWAY, NEXT  
TIME...



LET'S GIVE YOU YOUR  
REWARD, FINALLY...  
YOU'VE BEEN A REALLY  
GOOD BOY...

THANK YOU MISTRESS...

MARJORIE PLACED HER STEPBROTHER ON ONE ARM AND FLEXED FOR HIM WITH THE OTHER, ENJOYING ONCE MORE THE RUSH OF POWER AT BEING ABLE TO JUST PLAY WITH HIM LIKE THIS.

YOUR TURN NOW, JULES. KNOCK YOURSELF OUT, AND DON'T STOP TILL YOU COME. MY MUSCLES ARE AVAILABLE FOR INSPIRATION...

AND... TAKE ALL THE TIME YOU WANT. I CAN HOLD YOU LIKE THIS TILL YOU GROW MUSCLES...HAHAH



JULIAN SPANKED HIS LITTLE MONKEY AND KNEW RIGHT AWAY IT WAS ONLY GOING TO TAKE A FEW STROKES. HE HAD BEEN EXCITED THROUGHOUT MOST OF THE "WORKOUT" AND HIS LOAD WAS READY TO BE BLOWN...

OH GOD! OOOOH YOU'RE SO... SO BIG... SO STRONG... OOOHH

YES JULIAN! COME FOR ME! COME FOR YOUR MISTRESS

COME FOR YOUR POWERHOUSE BOSS

FOR YOUR BODYBUILDING STEPSISTER...



MOMENTS LATER, HE EJACULATED WITH A POWER HE HAD NEVER FELT BEFORE, CRYING OUT FROM PLEASURE AS HE DID SO...

WHAAAAAAA!!!





VERY WELL  
DONE MY LITTLE  
HERO! NOW I SUGGEST  
WE GO TAKE A  
SHOWER...



AND  
AFTERWARDS YOU  
MAKE ME DINNER, AS  
USUAL, OKAY? I CAN  
EAT A HORSE...

YES  
MISTRESS!

AND WITH THAT, THE BIG GIRL CARRIED THE SMALL BOY INSIDE. HER GLORIOUS ASS AND THIGHS GLISTENED IN THE LATE AFTERNOON SUN.

FOR THE HUNDREDTH TIME IN HER LIFE, MARJORIE THOUGHT WHAT A JOY, WHAT A GLORY, WHAT A FEAST IT WAS TO BE A BIG, TALL, BEAUTIFUL AND UNNATURALLY STRONG MUSCLEGIRL...

AND ALREADY, SHE WAS LOOKING FORWARD TO FUCKING HER STEPBROTHER AGAIN LATER TODAY...

